



THE BUZZ

for members of CKEnergy Electric Cooperative

Holiday Closing:

CKEC will close
November 23 and 24 to
observe Thanksgiving.

November 2023

A SUPPLEMENT TO OKLAHOMA LIVING



OKLAHOMA YOUTH TOUR

APPLICATIONS NOW OPEN

ESSAY TOPIC

Write a professional letter to
**YOUR local, state or federal
elected official about an issue that's
important to you.**

Perhaps CKEC's best-known and most anticipated youth program, Youth Tour is a week-long, all-expenses-paid educational trip to Washington, D.C. in June of each year. CKEC annually sponsors four students—all juniors—from high schools within its service territory on Youth Tour. Students travel with the Oklahoma delegation (70+ students) to our nation's capital where they tour historic sites and national landmarks, meet Oklahoma's congressional delegation, and more. Youth Tour has earned a reputation as "a trip of a lifetime" by former participants. Youth Tour will be June 14 through June 20, 2024.

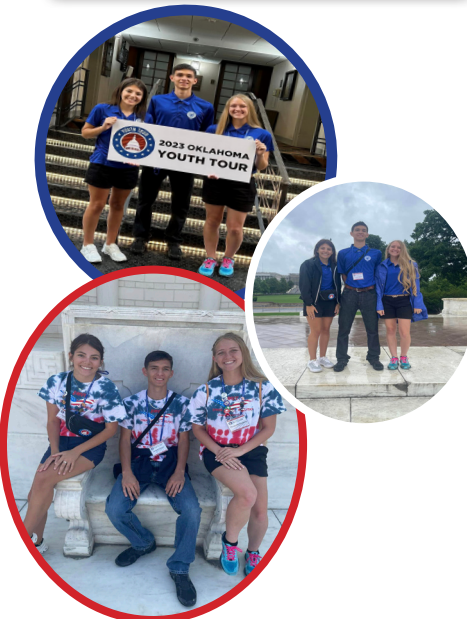
Travel to Washington, D.C. to explore monuments and museums, meet with members of Congress, and make lifelong friends with other students from across the country. You'll discover leadership lessons from our nation's history and be immersed in the cooperative spirit that built our nation, with all expenses

paid by CKEnergy Electric Cooperative.

The week-long Youth Tour is jam-packed with sightseeing. Students visit many of the major monuments and memorials, including the Lincoln Memorial, Jefferson Memorial, Vietnam Memorial and the Washington Monument.

Youth Tour is so much more than a sightseeing trip. Students have repeatedly shared that this experience has helped them grow into successful professionals. It has also benefited our local communities. Youth Tour participants return home with a deeper understanding and skillset of what it takes to be a leader.

Students also visit Capitol Hill, where they meet with Oklahoma's congressional representatives and their staff. Some teens are so inspired by the



"It was so neat to be in the same exact spot as George Washington."



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PO Box 70 • Binger, Okla. 73009
PO Box 100 • Cordell, Okla. 73632

tele: **(405) 656-2322**

www.ckenergy.coop

OFFICE HOURS:
Monday-Friday,
8:00 am - 5:00 pm.

POWER OUTAGE
HOT LINES
800-868-8243
888-832-3362

BOARD OF TRUSTEES

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PAYMENT OPTIONS

- Pay online at www.ckenergy.coop
- Pay by phone by calling **405-656-2322**, available 24 hours a day. Visa, Mastercard, Discover, or American Express.
- Pay in person at any of our offices: Binger, Cordell, Mustang, and Anadarko.
- Pay via automatic draft of your checking or savings account. To sign up, please visit www.ckenergy.coop or call **405-656-2322**. Pay at kiosks at various locations.
- **Pay through our CKenergy App available for iPhones or Androids.**



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NOVEMBER

Winning CKEC Members

- Jason Jones
- Laci Lessig
- Jerry Tackett

If your name is listed above, please call us at **405-656-2322** to claim a \$25 credit on your electric bill.



Socialize with us!

Stay up-to-date with your co-op and your community by following us on Facebook, Twitter, Instagram, and SnapChat. Get the latest news on co-op events, services, energy saving tips, and more. During a power outage, stay connected with us for updates on the restoration process.

Questions or comments about your newsletter should be directed to Lisa Willard, Director of Communications, CKenergy Electric Cooperative, PO Box 100, Cordell, OK 73632, email: editor@ckenergy.coop.



experience that they later serve as interns on the hill; others have gone on to pursue careers in politics. Youth Tour inspires students to discover who they want to be.

Oklahoma co-ops have participated in Youth tour since 1963. Not only do they gain insight into the most important moments in U.S History, but they also meet with more than 1,500 student leaders from across the nation. It's a great opportunity to make lasting connections.

Contestants will be required to write a professional letter to YOUR local, state or federal elected official about an issue that's important to you. Be sure to include specific and appropriate content about your issue in a professional format. For complete details visit www.CKenergy.coop. Deadline to apply is February 1, 2024.

The 2024 Rural Electric Youth Tour will take place June 14-20, 2024, in Washington D.C.

The four winners will receive the all-expense paid trip to

Washington D.C. and a \$1,000 scholarship. The runners up will receive a \$1,000 scholarship.

If you know of an exceptional student who would be a great candidate for this program, please share this article with them.

For more details on Youth Tour, please visit www.CKenergy.coop or call your co-op at 405-656-2322.



DEDICATED TO SERVE

Caddo County Outdoor Classroom



Binger Fair

A team of CKenergy employees volunteered at the Binger Fair which was held September 15 and 16. Ten co-op volunteers worked the Cotton Candy booth as well as the nerf gun target booth during the event. Employees and their families had a great time interacting with the community.

Page 4 - CKenergy participated in the Caddo County Outdoor Classroom on September 6. Fourth graders from Hinton, Ft. Cobb-Broxton, Hydro-Eakly, Gracemont, Lookeba-Sickles, and Binger-Oney attended. CKEC Safety Director Johnny Jones and Rates and Marketing Manager Brian Coker discussed electrical safety. It was a fun day for the presenters and students.

Serving members and communities are a part of CKenergy's core values. Concern for Community is the 7th cooperative principle. These principles are a key reason that electric cooperatives operate differently from other electric utilities.





Five Ways to Safeguard Your Home This Winter

As the temperatures drop and the days grow shorter, there's a natural inclination to create a warm and cozy haven at home. Unfortunately, as we see increased use of heating equipment, candles and electrical items, the number of home fires tends to increase during winter months.

Here are five ways you can safeguard your home for the winter season.

1. Ensure carbon monoxide and smoke detectors are working properly. If your detectors are battery-operated, replace the batteries annually. Test the detectors once a month and give them a good dusting to ensure the sensors are clear of dirt and debris.
2. Inspect electrical cords. We depend on more cords during winter, whether for holiday lighting, extension cords or portable heaters. Before using any corded items, double check to make sure cords aren't frayed or cracked. If you use portable space heaters, remember to keep them at least 3 feet away from flammable items. Use models that include an auto shut-off feature and overheat protection. Space heaters can take a toll on your energy bills. Use them efficiently (to heat smaller spaces) and safely. Never plug a space heater into a power strip. Speaking of power strips...
3. Avoid overloading electrical outlets and power strips. When overloaded with electrical items, outlets and power strips can overheat and catch fire. If you use power strips for multiple devices, make sure the strip can handle the electrical load. For a safer bet, look for power strips that include surge protection.
4. Clean the fireplace to improve safety and efficiency. There's nothing better than a warm fire on a chilly night, but it's important to maintain your fireplace for safety. As wood burns, a sticky substance known as creosote builds up in the chimney. When creosote buildup becomes too thick, a chimney fire can ignite. The chimney should be cleaned at least once a year to reduce fire risks. Regular cleaning also improves air flow and limits the amount of carbon monoxide that seeps indoors.
5. Practice safety in the kitchen. As we spend more time in the kitchen during the holiday season, be mindful of potential fire hazards. Never leave food that's cooking on the stovetop unattended. Clean and remove spilled foods from cooking surfaces and be mindful of where you place flammable items like dish towels.

CKenergy wants you and your family to stay safe during the winter season.

Automotive

1932 Plymouty PB 4SVCIDE doops. Steel body - no rust. Chevy eng. and trans. Mustang front end Ford rear end. New glass. \$14,000. 405-262-5008.

73 Ford mustang. 351 cleveland motor. Paint - interior-rubber 2dr. \$15,000. 580-331-7304.

2005 50th Ann. T-bird. Blue show car. Immaculate \$21,500. mileage 58,948 405-265-7234

Farm/ Equipment

16' trailer-6 ton limit. Heavy duty. Can haul equipment or vehicle. Pendulum type hitch. \$4500. 405-570-8288.

Norshell work trailer with chrome wheels, vice, six large tool storage boxes, three craftsman and tool boxes. \$3995/obo. 405-376-5846.

24 ft. gooseneck stock trailer. Needs floor. 580-530-0674.

MS Farmall Tractor. Propane-tricycle

Swap 'N Shop

For Sale or Trade

Note: CKEC does not endorse or guarantee any of the products or services in these ads.

front, with a front end loader. \$1,500 405-542-7545

Livestock/Pets

Better bulls. Add more profit with big, stout bulls with low birth weights that will sire calves with faster growth and more muscle. Kusel Limousin and Lim-flex. Call John. 580-759-6038.

Red angus bulls, service age, gentle, several A.I. sired. Call or text 580-450-1735.

German wire haired pointers. Female 10 yrs. old. Male 6 ears old. Female hunted all her life. Male hasn't hunted much. 405-687-0125.

Business

Paving Maintenance, 405-245-6759.

Cooks Septic Service. Septic tank pumping and insections. 580-550-0545.

C and K Trucking. 20 years exp. Hauling heavy equipment, dozers, excavators, loaders and tractors. 405-395-7758.

Liner replacement for semi end dump trailers. 405-638-1158.

Thinking of buying or selling a home or land? Call/text Doug Eckert, Wise Oak Realty: 405-400-8281. yourokcreator.com

Shook's Triple S Construction. Metal carports, awnings, and more. Built on site to meet your needs. Free estimates. 405-413-7590.

Custom Laser Engraving, Apparel Printing, and Embroidery. No orders too small. Special rates for groups and Not for Profits. Promote your next event or business. Arapaho. 580-331-7986. Info@countrychickdesign.com Mobile welding. Welding and fabrication. Call Tony at 405-834-1128.

Loud Mountain Trading Co. Cement, OK.

Swap 'N Shop Ads are continued on page 8

Swap 'N Shop is a classified advertisement service that we provide to our members at no cost.

- Members are able to submit written ads through the mail, fax, drop off, or by email.
- Ads are **NOT** taken over the phone.
- Ads need to be received by the 5th of each month to appear in the next month's issue.
- Ad space is limited to a 25 word maximum. **ONE** ad per member.
- Contact the editor at 580-832-3361 for information about availability of ad space.
- CKEC reserves the right to reject any ad deemed inappropriate.
- Ads will automatically run for 2 months, additional run time must be requested **before** the 5th of the month.

You may submit classified ads, businesses, or services to Swap 'N Shop, P.O. Box 100, Cordell, OK 73632, ads@ckenergy.coop, or fax to 580-832-5174. One ad per member unless there is additional space available.

Circle category:

Autos Farm/Equip Furn/Appl Hay/Wood Livestock/Pets Misc
Real Estate Wanted-Notices Business

Name: _____

Address: _____

Phone # _____

CKEC Acct # _____

Over 90 local artisans and craftsmen. Premium ice cream. Monday-Saturday 10-6 p.m. LoudMountainTradingCo.com

www.CowgirlBeef.com. Quality beef you can afford. Ranch-raised calves finished for 120+ days and processed in OK. Buy 1 cut or the whole beef. 619-884-0970. cf2cattle@gmail.com

Door and window installation and repair. Free estimates. JD DE Shazo Construction 405-245-4042.

Buster paint striping. Roll-off dumpsters, parking lot maintenance, dumpster rental, junk and debris removal. Free estimates. 405-648-2194.

Miscellaneous

C and K trucking heavy haul tractors, dozers, backhoes, trackhoes, loaders. 20 yrs. experience. 405-395-7758.

Jeans and pants hemming and minor alterations. Tuxes, accessory sales and rentals. Settle Studio. 405-247-5142.

Heavy built fire pits. Can be built with or without removable grill. Made out of propane tank ends. Prices range from \$200 to \$450. 580-819-0695.

T-shirt quilts and memory bears. Alterations. 405-933-0224.

\$100 Agreed Divorces. JNK Paralegal Service. www.jnkparalegal.com JNKparalegal@aol.com 405-376-2206.

Goober House. Fresh peanuts of many varieties, pecans, and peanut brittle. 580-515-5821. www.Gooberhouse.com

Offering a new service. When you can not, I can assist by checking on your loved one in the hospital, nursing home or their home. Janice Smith, Companion Care. 405-542-7498.

Nine antique iron wagon wheels in assorted sizes and iron wagon chassis with wheels attached. Call or text 580-704-5308.

Looking to hire someone to help me sell things on market place or somewhere else. 405-808-4340.

Prairie Construction & Excavation,

Pads, Ponds, Access roads, Grading & Draining, Mulching, Excavation, Aggregate, Dirt, & Heavy Hauling. 405-802-1725. pceok.com

For removal & replacment of floor liners in semi end up trailers, call/text 405-638-1158. Doughty's Repair Service.

New t-shirts. Quacker Factory, Denim & Co. from QVC. 2x-3x All colors, solids patterns. 918-798-3360.

Wood lathe full size with extras Tools, scrollsaws, misc. 405-808-6010.

Kenmore liquid propane gas grill model 122.16134110 with cover and propane tank-4 burners and 1 side burner. Call or text 580-704-5308

Real Estate

RV Hook-up - Ft. Cobb Lake (Crow Roost Area). Nightly Rentals. Provide full hook-ups. Large pavilion and storm shelter. Nice and quiet get away. 405-694-0625.

Vacation fishing, hunting cabin rental. Next to the water. Ft. Cobb Lake. Text 580-243-8697.

Ft Cobb Lake - Crow Roost RV Sites. Nightly and weekly rates with full hookups, free laundry, sticker-free grass, quiet street. 580-772-4792.

Wanted-Notices

Wanted AFX, Aurora, slot cars, redline hotwheels, comic books, model car kits. 405-361-2227.

Need lawn mowing and care for small lot at Foss Lake Estates. 580-515-8277.

Cheesy Hash Brown Breakfast Casserole

Ingredients:

Cooking spray or oil
1 Tbs. olive oil
1 lb. uncooked breakfast sausage
1 onion, diced
1 red bell pepper, diced
¾ tsp. Kosher salt
1 bag frozen shredded potatoes
10 large eggs
1 cup sour cream
1 cup milk
2 tbs. dijon mustard
1 ½ cups shredded cheddar cheese
¼ tsp. ground black pepper



Directions:

Preheat oven to 375 F. Lightly coat a 9x13 inch baking dish with cooking spray.

Heat the oil in a large frying pan until shimmering. Add the sausage and cook, breaking it up into small pieces.

Add the onion, bell pepper, and ¼ tsp. of the salt. Cook, stirring occasionally, until the vegetables are softened, about 5 minutes. Transfer the mixture to the baking dish, add the potatoes, stir to combine, and spread into an even layer.

Whisk the eggs. Add the sour cream, milk, mustard, cheese, remaining ½ tsp salt, and pepper and whisk to combine. Pour over the vegetable mixture.

Bake until the top is light golden brown. Let cool for 5 minutes before slicing.