



THE BUZZ

for members of CKenergy Electric Cooperative

Holiday Closing
CKEC offices will close Monday, July 4 to observe Independence Day.

Mark Your Calendar
CKEC's Annual Meeting is scheduled for Friday, August 12.

July 2022

A SUPPLEMENT TO OKLAHOMA LIVING



Addison Moore climbs a utility pole



Electric vehicle demonstration

high-voltage demonstration, and learn about electric vehicles and electric bikes. The students take home a new found confidence and a host of new friends-like minded peers from all over Oklahoma.

Students enrolled in the eighth grade within CKEC's service territory are eligible to compete for a spot at Youth Power Energy Camp.



Evangelene Denny and Addison Moore

Energy Camp 2022 Returns

CKenergy camp winners are home following their adventure at YouthPower Energy Camp, May 31-June 3. Addison Moore and Evangelene Denny of Burns Flat Dill City won the trip to camp by entering CKenergy Electric Cooperative's Energy Camp essay contest.

A four-day action packed adventure for eighth-graders, Energy Camp helps develop leadership skills and

promotes teamwork while teaching about cooperative enterprises, the rural electrification program and electrical safety.

While Energy Camp offers many traditional summer camp activities like swimming, hiking, basketball, and a ropes course, teens also have the unique opportunity to climb a utility pole, ride in the basket of a bucket truck, watch a

YOUTH POWER 

ENERGY ⚡ CAMP?



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tele: **(405) 656-2322**
(580) 832-3361

www.ckenergy.coop

OFFICE HOURS:
Monday-Friday,
8:00 am - 5:00 pm.

POWER OUTAGE
HOT LINES
800-868-8243
888-832-3362

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PAYMENT OPTIONS

- Pay online at **www.ckenergy.coop**
- Pay by phone by calling **405-656-2322**, available 24 hours a day. Visa, Mastercard, Discover, or American Express.
- Pay in person at any of our offices: Binger, Cordell, Mustang, and Anadarko.
- Pay via automatic draft of your checking or savings account. To sign up, please visit **www.ckenergy.coop** or call **405-656-2322** or **580-832-3361**.
- **Pay through our CKenergy App available for iPhones or Androids.**



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JULY

Winning CKEC Members

Tom Brown
Patrick Earley
Dwain Zacharias

If your name is listed above,
please call us at **405-656-2322**
to claim a \$25 credit on your
electric bill.



Socialize with us!

Stay up-to-date with your co-op and your community by following us on Facebook, Twitter, Instagram, and SnapChat. Get the latest news on co-op events, services, energy saving tips, and more. During a power outage, stay connected with us for updates on the restoration process.

Questions or comments about your newsletter should be directed to Lisa Willard, Director of Communications, CKenergy Electric Cooperative, PO Box 100, Cordell, OK 73632, email: editor@ckenergy.coop.

Save The Date!

CKENERGY ELECTRIC COOPERATIVE
Annual Meeting

Friday, August 12
Pioneer Cellular Event Center

Meal catered by Roadhouse
Catering
4:30 pm-6:30pm



Be sure to mark your calendar for CKEnergy's annual meeting. This year's meeting annual meeting is set for Friday, August 12 at the Pioneer Cellular Event Center in Weatherford, OK. Doors will open at 4:30 p.m. for a free meal provided by Roadhouse Catering, Ft. Cobb, OK.

Entertainment will be followed by the business meeting and prize drawings.

Registration prizes will be available and there will also be a children's area with bouncy toys and fun for children of all ages.

CKEnergy will be giving away a 2017 Chevy Bolt Electric Vehicle at this year's annual meeting. CKEC has driven the Chevy Bolt for approximately four years, and it will be the grand prize for this

year's annual meeting. CKEC will install an EV charger at the winner's home at no additional cost. You must be present to win! So be sure to join us for tasty food, entertainment, and a chance to win a Chevy Bolt! We look forward to seeing you at CKEnergy Electric Cooperative's 7th Annual Meeting.



Energy Efficiency Tip of the Month

The combined use of large appliances like dishwashers, clothes dryers and washing machines account for the largest percentage of electricity use in the average U.S. home? Take small steps to save energy when using these appliances. Only run full loads in the dishwasher, and thoroughly scrape food from dishes before loading. Dry towels and heavier cottons separate from lighter-weight clothing, and clean the lint screen after every use. Wash clothing in cold water to save energy used to heat water.

Source: EIA and DOE





Special Olympics Summer 2022

One to Remember

Nearly 120 volunteers from 21 rural electric cooperatives helped make the Special Olympics Oklahoma

Summer Games one to remember! For more than 30 years, co-op employees, directors, managers and retirees have volunteered with Special Olympics. 2,700 athletes competed in the annual event that was held in Stillwater May 11-13. After two years, the Oklahoma Electric Cooperatives were thrilled to have the opportunity to volunteer for this amazing event again.

Oklahoma's Electric Cooperatives are one

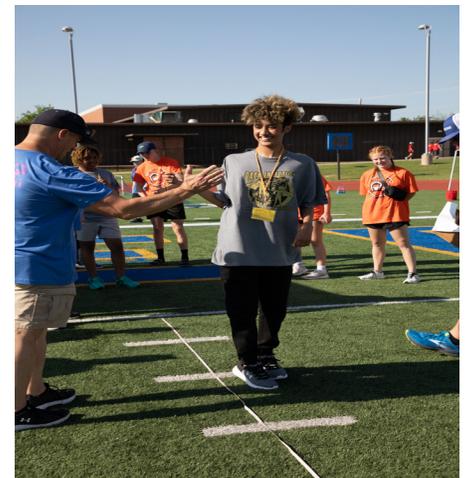
of the biggest volunteer groups for this event each year.



V.P of Strategic Marketing Boyd Lee, CKenergy employee Keith Devaughn, and Donnie Freie, apprentice electrician joined over 100 co-op employees from across the state. Co-op volunteers have worked at these games since 1985. During the three-day event, athletes competed in track and field, bocce, bowling, golf, horseshoes, powerlifting, basketball and softball.

It is always very inspiring and motivating to see the level of sheer determination

and effort the athletes put into every event. No matter if an athlete came in first or last place, each athlete was filled with so much joy and even gave hugs and high-fives to the volunteers as they crossed the finish line.





Caddo County War Memorial

CKenergy provides charitable donation

The Havens-Cannon, American Legion Post 24 of Anadarko, is committed to recognizing all Caddo County Soldiers who wore the uniform and took the oath to protect the United States of America. The Legion Post plans to honor those fellow veterans with an exhibit of “Honor Trees” at the Caddo County Fairgrounds. The trees will be native Oklahoma trees, which will represent a living symbol honoring the service men and women, active

or veterans that made ultimate sacrifices on our behalf. The memorial will be a place where the veterans and their families, along with the community can



Senator Jech attended the donation ceremony and was presented the 2022 Legislative Leadership Award. CKEC appreciates Sen. Jech and his continued involvement in Rural Electric Co-ops and his most recent support of SB 1444. Pictured are Chris Meyers, OAEC CEO; Jim Reese, Dir. of Gov & Reg. Affairs, OAEC; Sen. Jech; Clint Pack, CKEC CEO; Aaron Roark, Cimarron Electric CEO; Bob Travis, CKEC Board of Director; and Jeff Hyatt, CMO Cimarron Electric

reflect with grateful hearts. The trees will be living symbols of recognition, hope, healing, faith, gratitude, peace, honor, and commitment for all citizens. A veterans monument committee has chosen the colorful and hardy Caddo Sugar Maple tree; a species native to Caddo County. Planted in a star pattern, the trees signify Gold Star families, the 46th star (Oklahoma) on the American flag and is suggestive of the guidance from Heaven above.

On May 24, 2022, CKenergy provided a charitable donation for \$5,000 to the Havens-Cannon American Legion Post 24 of Anadarko. CoBank matched the donation through the Sharing Success Program for \$5,000, thus providing a total of \$10,000.

One of CKenergy's most unique and exciting community programs is the CoBank Sharing Success program, a matching grant opportunity open to local nonprofit organizations. Aimed at supporting local communities and people, the grant is made possible by CKenergy Electric Cooperative's governing board of directors in partnership with CoBank – a national nonprofit cooperative bank owned by the rural American cooperatives it services. The matching grant program is designed to celebrate cooperatives' vital role in individual communities across the country. CoBank states that collaborating with its customers to support worthy causes they care about is an excellent way to make a positive difference and fulfill its mission of service to rural America.

Since its inception in 2012, the program has generated more than \$36 million in total charitable donations, primarily in rural areas across the country. "Thanks to the generosity of CKenergy's board of directors and CoBank, the Sharing Success Program enables us to give back to the communities we serve," said Clint Pack, CEO of CKenergy.



Stay Fresh

5 Tips for Better Indoor Air Quality

We spend a lot of time indoors. In fact, the Environmental Protection Agency estimates the average person spends 90% of their life indoors. (I don't know about you, but I suddenly have the urge to go for a long walk!)

Additionally, our homes are becoming more energy efficient--they're better insulated and sealed with less ventilation--which is great for our energy bills but not so much for our indoor air quality.

The thought of breathing in pollutants can be scary, but the truth is, indoor air pollution is common and simply unavoidable. The good news is there are ways you can easily improve the air quality of your home.

Here are five tips to help you breathe a little easier.

Change your air filter often. Clogged, dirty filters reduce the amount of airflow and the HVAC system's efficiency. When a filter becomes too clogged, the excess dirt and dust are sent through your air

ducts, adding unnecessary allergens and other unwanted particles into your living space. During the cooling season (summer months), the Department of Energy recommends replacing your air filter every month or two. This is one of

Breathe Easier.
Regularly changing your cooling system's air filter provides multiple benefits.

- Improved indoor air quality
- Cleaner home
- Fewer indoor allergens
- Improved system efficiency



the easiest ways to promote better indoor air quality and energy efficiency.

Regularly vacuum carpet and rugs--especially if you have furry friends.

The cleaner the home, the healthier the home. Vacuuming carpet and area

rugs once a week can greatly reduce the accumulation of pet dander and dust inside your home. Frequently clean other areas that collect dust, like drapes, bedding and cluttered areas.

Use vents to remove cooking

fumes. Those exhaust fans aren't just for when you burn the bacon. Fans help remove fumes emitted while cooking and eliminate unwanted moisture and odors. They may be a bit noisy, but these handy tools can help you improve indoor air quality while you're preparing that culinary masterpiece (or even a grilled cheese sandwich!).

Get a handle on humidity. Summer months typically bring more humidity than we'd like, especially if you live in a high-humidity climate zone. Moisture in the air can carry bacteria and other unwanted particles that you eventually breathe in. Dehumidifiers work to remove that moisture from the air, reducing the amount of bacteria, mold and other allergens in your home.

Incorporate air-purifying plants into your living space.

There are several varieties of indoor plants that can help detoxify your home from dust and germs found in a variety of home products, furniture and other materials. A few low-maintenance, air-purifying plants to consider are snake plants, aloe vera plants and pothos plants (also known as Devil's Ivy). These vibrant, lush plants are eye-catching and beneficial for any home. Remember to review care conditions and think about placement for any new plants you add to your home.

Taking simple steps to purify indoor air can improve health and overall quality of life. With a little effort, you can improve the indoor air quality of your home and breathe a bit easier.

Automotive

1979 Dodge power wagon truck. 36,000 original miles. Runs good. 580-339-3037.

1946 Ford Coupe. Been in covered storage on blocks since 19985. V8 engine flat head. 405-779-1091.

302 Ford engine and C4 auto trans. Complete from oil pan to air cleaner. All new parts. \$1700. 405-256-0270

Farm/ Equipment

820 John Deere, will run. 80 JD - needs work. \$2500 for both. 580-331-7304

16' trailer - 6 ton limit. Heavy duty. Can haul heavy equipment or vehicle. Pedulum type hitch. \$4500. 405-570-8288.

Allis Chambers tractor WD45, 2WD. Good rubber on tires, runs on propane, factory propane. \$2,000. 580-583-3231.

Livestock/Pets

Better bulls. Add more profit with big, stout bulls with low birth weights that will sire calves with faster growth and more muscle. Kusel Limousin and Lim-flex. Call John. 580-759-6038.

Swap 'N Shop

For Sale or Trade

Note: CKEC does not endorse or guarantee any of the products or services in these ads.

Red angus bulls, service age, gentle, several A.I. sired. Call or text 580-450-1735.

Four year old red angus bull. Leave message. 580-919-5490.

Peacocks, 3 year old Indian Blues. 580-347-2645.

Business

Paving Maintenance, 405-245-6759. Cooks Septic Service. Septic tank pumping and insections. 580-550-0545.

C and K Trucking. 20 years exp. Hauling heavy equipment, dozers, excavators, loaders and tractors. 405-395-7758.

Liner replacement for semi end dump trailers. 405-638-1158.

Award winning decks, pergolas, outdoor kitchens, firepits, outdoor fireplaces, cedar fence. 405-834-3411.

Shook's Triple S Construction. Metal carports, awnings, and more. Built on site to meet your needs. Free estimates. 405-413-7590.

Custom apparel printing and embroidery for your personal or business needs. No orders too small. We can print one or more. Special rates for fundraisers and not for profit groups. www.countrychickdesign.com

Mobile welding. Welding and fabrication. Call Tony at 405-834-1128.

Loud Mountain Trading Co. Cement, OK. Over 90 local artisans and craftsmen. Premium ice cream. Monday-Saturday 10-6 p.m. LoudMountainTradingCo.com

www.CowgirlBeef.com. Quality beef you can afford. Ranch-raised calves finished for 120+ days and processed in OK. Buy 1 cut or the whole beef. 619-884-0970. cf2cattle@gmail.com

Door and window installation and repair. Free estimates. JD DE Shazo Construction 405-245-4042.

Swap 'N Shop Ads are continued on page 8

Swap 'N Shop is a classified advertisement service that we provide to our members at no cost.

- Members are able to submit written ads through the mail, fax, drop off, or by email.
- Ads are **NOT** taken over the phone.
- Ads need to be received by the 5th of each month to appear in the next month's issue.
- Ad space is limited to a 25 word maximum. **ONE** ad per member.
- Contact the editor at 580-832-3361 for information about availability of ad space.
- CKEC reserves the right to reject any ad deemed inappropriate.
- Ads will automatically run for 2 months, additional run time must be requested **before** the 5th of the month.

You may submit classified ads, businesses, or services to Swap 'N Shop, P.O. Box 100, Cordell, OK 73632, ads@ckenergy.coop, or fax to 580-832-5174. One ad per member unless there is additional space available.

Circle category:

Autos Farm/Equip Furn/Appl Hay/Wood Livestock/Pets Misc
Real Estate Wanted-Notices Business

Name: _____

Address: _____

Phone # _____

CKEC Acct # _____

Miscellaneous

C and K trucking heavy haul tractors, dozers, backhoes, trackhoes, loaders. 20 yrs. experience. 405-395-7758.

Jeans and pants hemming and minor alterations. Tuxes, accessory sales and rentals. Settle Studio. 405-247-5142.

Heavy duty fire pits. 24-48". Free standing. 580-819-0695.

Brand new 2021 Bobcat ZTR2000 riding mower. 25 hours, 42 in. deck. Mulching kit and standard mowing blades. Kawasaki FR691V, Gave \$5,500. Reasonable offer. 405-368-9613.

Free street rod magazines and hot rodders digest. 2003, 2016, 2018, and 2019. Old top value stamps and western auto catalog. 405-256-0270.

Knitting machines and all accessories. Approximately 10 of them. \$1500 for all or best offer. 405-659-1171.

49 JFK Jr. "Geroge magazines" plus "Last will and testament of Jacqueline Kennedy. 405-797-2915.

Heavy built fire pits. Can be built with or without removable grill. Made out of propane tank ends. Prices range from \$200 to \$450. 580-819-0695.

6' BushHog, like new. Lumber: 3x12x16xLVls. Kenmore sewing machine. 1993 Lincoln Cont. Mark VII. 580-695-4589

T-shirt quilts and memory bears. Alterations. 405-933-0224.

Milbank generator 6750 starting watts. 5500 running watts .120/240 gasoline. \$500 firm, New. 405-609-0299.

\$100 Agreed Divorces. JNK Paralegal Service. www.jnkparalegal.com JNKparalegal@aol.com 405-376-2206.

Goober House. Fresh peanuts of many varieties, pecans, and peanut brittle. 580-515-5821. www.Goobehouse.com 4-Mag wheels and tires off 2019 camaro. Like new. 18 in. \$475. 405-439-7571.

The coaxman quality coaxial cables/wire for amateur and C.B radio. Cable assemblies any length. 405-376-9473 www.coaxman.com

Four 18 in. mag wheel and tires off 2019 Camaro. Like new. \$300 405-439-7571.

Mercedes 1991 300 CE coupe. Black excellent condition. 86,000 miles. \$8,500, 580-347-2645.

Real Estate

Hunting, fishing and vacation cabin rental at Ft. Cobb lake. 580-243-8697.

5 acres tract of land. Minco school. 405-574-2980.

Swan Lake. 4 bd. 2 bath, central H/A, wood stove, carport, garage. \$60,000 or best offer. 580-747-3672.

Home on 1.5 acres in Eakly. Lovingly maintained with 3 bed/3bath. Living room and den. 580-330-9090. www.goldbucklerealty.com

Wanted-Notices

Wanted AFX, Aurora, slot cars, redline hotwheels, comic books, model car kits. 405-361-2227.

Gas portable stick welder/generator unit around 185 to 225ac. 405-247-8843.

Two used tires for old crap metal trailer. 15 inch 95L 405-638-0466.

Fruit Truffle

Ingredients:

6 oz. weight (large box) Instant vanilla pudding
14 oz., fluid sweetened condensed milk plus regular milk, as required by your pudding mix
12 oz. weight Cool Whip, thawed, divided
14 oz. weight fresh strawberries, cut
12 oz. weight fresh blueberries
1 whole angel food cake torn into pieces



Directions:

Mix vanilla pudding according to box, but use the 14 oz. of sweetened condensed milk for part of the milk it calls for. Mix according to box, or until rather thick. Then, fold in 8 ounces of thawed Cool Whip (save the rest for topping.)

Rinse the berries, and allow them to dry. Then, cut the strawberries into bite size pieces.

Layer everything three or so times. Start with a layer of angel food cake, and tear it into pieces right into the bowl. Put 1/3 of the pudding mixture on top, followed by fruit. Do this a couple more times and end with Cool Whip. Add fruit on top.