



THE BUZZ

for members of CKenergy Electric Cooperative

Holiday Hours: CKenergy will close Friday, January 1 to observe New Year's Day.

January 2021

A SUPPLEMENT TO OKLAHOMA LIVING



Efficiency Projects to Tackle This Year

A New Year brings new opportunities to save energy—and money. You may think energy efficiency upgrades require a great deal of time and expense, but that's not always the case.

If you're interested in making your home more efficient but don't want to break the bank, there are several DIY projects you can tackle to increase energy savings. Let's take a look at three inexpensive efficiency upgrades that can help you save energy throughout the year.

Trim Dryer Vent

Level of difficulty: easy. Supplies needed: tin snips, gloves, measuring tape and masking tape. Estimated Cost: about \$25 depending on the supplies you have.

If your dryer vent hose is too long, your dryer is working harder than it has to, using more energy than necessary. The vent hose should be long enough for you to pull the dryer out a couple feet from the wall, but the shape of the hose should

form a line—it should not have a lot of slack, with twists and curves. A shorter, unobstructed vent hose increases the efficiency of your dryer, dries clothing faster and reduces lint buildup, which can create potential fire hazards.

Simply measure, mark and trim the hose to the desired length, then reattach the hose to your dryer and exterior vent. If you're unsure about the hose length, check out YouTube.com for a quick video tutorial.

Seal Air Leaks

Level of difficulty: moderate. Supplies needed: caulk and caulk gun, weather stripping, gloves, putty knife, paper towels. Estimated Cost: \$25 to \$50 depending on the materials you purchase.

Sealing air leaks in your home can help you save 10% to 20% on heating and cooling bills. Apply caulk around windows, doors, electrical wiring and plumbing to seal in conditioned air. You

should also weather strip exterior doors, which can keep out drafts and help you control energy costs. Types of caulking and weather stripping materials vary, but ask your local hardware or home store for assistance if you're unsure about the supplies you need. For more information, the Department of Energy provides step-by-step instructions for caulking and weather stripping: <https://bit.ly/2Kesu6W>

Insulate Attic Stairs Opening

Level of difficulty: moderate. Supplies needed (if you build the box yourself): rigid foam board, faced blanket insulation, tape for foam board, measuring tape, utility knife, caulk and caulk gun, plywood. Estimated Cost: \$50 to \$100.

A properly insulated attic is one of the best ways to optimize energy savings and comfort in your home, but many homeowners don't consider insulating the attic stairs, or the opening to your attic space. Even a well-insulated attic can leak air through the stair opening, but luckily, there's an easy fix.

An insulated cover box can seal and insulate the attic stairs opening. You can build your own insulated cover box or purchase a pre-built box or kit from a local home improvement store like Home Depot or Lowe's for about \$60. If you decide to build your own, check out these step-by-step instructions from the Department of Energy: <https://bit.ly/36YNCYQ>. It should also be noted, if your attic opening is located in a garage that you do not heat and cool, this upgrade will not be as effective.

Saving energy doesn't have to be hard. With a little time and effort, you can maximize energy savings and increase the comfort of your home.



PO Box 70 • Binger, Okla. 73009
PO Box 100 • Cordell, Okla. 73632

tele: **(405) 656-2322**
(580) 832-3361

www.ckenergy.coop

OFFICE HOURS:
Monday-Friday,
8:00 am - 5:00 pm.

POWER OUTAGE
HOT LINES
800-868-8243

888-832-3362

BOARD OF TRUSTEES

Gary Brewster, President

Jack Sawatzky, Vice President

Dr. Fred Reuter, Secretary

John Schaufele

Mark Slemp

Robert Travis

Tony Setzer

Steve Sweeney

Walter Hrbacek

Greg Little

Glenn Propps

Don Payne

John Garland, Attorney

Clint Pack, CEO

PAYMENT OPTIONS

- Pay online at www.ckenergy.coop
- Pay by phone by calling **405-656-2322**, available 24 hours a day. Visa, Mastercard, Discover, or American Express.
- Pay in person at any of our offices: Binger, Cordell, Mustang, and Anadarko.
- Pay via automatic draft of your checking or savings account. To sign up, please visit www.ckenergy.coop or call **405-656-2322** or **580-832-3361**.
- **Pay through our CKenergy App available for iPhones or Androids.**



inside this issue | January 2021

- 3** Youth Programs
- 4** Operation Roundup
- 5** CKEC Employees
- 6** Winter Tips
- 7** Swap'N Shop



DECEMBER

Winning CKEC Members

Shauna Baade
Slade Nightengale
Lacie Upchurch

If your name is listed above, please call us at **405-656-2322** to claim a \$25 credit on your electric bill.



Socialize with us!

Stay up-to-date with your co-op and your community by following us on Facebook, Twitter, Instagram, and SnapChat. Get the latest news on co-op events, services, energy saving tips, and more. During a power outage, stay connected with us for updates on the restoration process.

Questions or comments about your newsletter should be directed to Lisa Willard, Director of Communications, CKenergy, PO Box 100, Cordell, OK 73632, email: editor@ckenergy.coop.

Tips on Preparing for College

There's so much to do in the summer before college, and it can be difficult to know how to get ready. There are things to pack, people to say goodbye to, and forms to fill out. We've compiled a list of all of the important must-do items, so if you work through it a little at a time, you'll be done before you know it!

Make a Commitment

Deciding on a school that's right for you is the first step in getting ready for college, but don't forget to let the school know you'll be there in the fall. You'll need to send in your deposit and complete the housing application and any health forms that are required the summer before college. You also should sign up for orientation and register for classes shortly after graduation!

Brush up on Valuable Life Skills

Soon you'll have to do your own laundry, so learn the tricks of the trade. What are the best products to remove grass stains? How do you get oil out of a shirt? And speaking of tricks of the trade, take some time to understand your health insurance benefits and requirements.

If you'll be far from home, choose a bank that's local to your university or that has an ATM on campus. Consider

opening a credit card (and learn how to use it wisely). If you'll have a car on campus, sign up for AAA or another emergency road service option to give you peace of mind.

Start Packing

The summer before college is a good time to sort through your closet and donate things you don't wear. If you plan to go home for Thanksgiving, you probably won't need to bring all of your winter gear with you right away. But an organized closet will make it easier to find what you're looking for when you're home.

Don't forget to pack a First Aid kit that includes cold medicine, pain relievers, bandages, medical tape, tissues, and allergy medicine. You know, all the stuff you won't want to run out to the store for when you really need it!

Get Ready for Some Fun

Look for ways to get involved on campus, whether you want to join a club or team (or even both). Spend some time researching the clubs and organizations related to your major, or check out some of the varsity, intramural or club sports your school hosts. Get an idea of what's available before you get to campus so you don't waste any time once you're there.

2021 SENIOR SCHOLARSHIP CONTEST

CKEC will award 12 Senior Scholarships to applicants who satisfy the eligibility requirements. The CKEC Scholarships are in the amount of \$500.00 and are awarded to individuals pursuing a four-year university or college academic degree program or a two-year associate degree or technical institute certificate program.

TO ENTER:

Student's Parent(s) or Guardian(s) must be a member in good standing of CKenergy Electric Co-op.

Student must complete all required items on the application:

- Application for CKEC Senior Scholarship.
- Minimum of 2 letters of recommendation.
- Letter from applicant stating why they desire to continue their education.
- Current photograph for use in the Cooperative's monthly publication, "The Buzz."

Completed Senior Scholarship applications are due no later than **5:00 p.m. on Monday, March 8, 2021**. Applications can be mailed to P.O. Box 100, Cordell, OK 73632 or emailed to lwillard@ckenergy.coop.



Youth Power Energy Camp Energizes Teens

A four-day action-packed adventure for eighth-graders, Energy Camp helps develop leadership skills and promotes teamwork while teaching about cooperative enterprises, the rural electrification program and electrical safety.

Each year, CKEC sponsors four students to the camp, which will be held June 1-June 4, 2021 at Canyon Camp, near Hinton, Oklahoma.

While Energy Camp offers many traditional summer camp activities like swimming, hiking, basketball, and a ropes course, teens also have the unique opportunity to climb a utility pole, ride in the basket of a bucket truck, tour one of the largest electricity generating facilities in the state and watch a co-op crew at work. They'll take home a new-found confidence and a host of new friends—like minded peers from all over Oklahoma.

Students currently enrolled in the eighth grade within CKEC's service territory are eligible to compete for a spot at Energy Camp. For more information, visit www.ckenergy.coop.

CKenergy Electric Foundation Update



**OPERATION
ROUND UP**
THE POWER OF CHANGE

Approved Grants:

| | |
|----------------------------------|--------------------|
| Thomas Fire EMS | \$5,000.00 |
| Twin City Fire Dept. | \$6,078.00 |
| Anadarko Pregnancy Center | \$5,000.00 |
| Caddo/Kiowa Leadership Program | \$3,000.00 |
| Lone Wolf Senior Citizens Center | \$2,500.00 |
| Corn Heritage Museum | \$3,700.00 |
| Cement Museum | \$3,000.00 |
| Individual Grants | \$3,700.00 |
| Total Grants | \$31,978.00 |

CKEC Foundation, Inc. Board of Directors

*Bill Lazneby
Becky Moore
Tom Clifton
Becky Bowlin
Terri Hayworth
Paula Squires
Finis Oliphant
Phyllis Roach
Robin Savage
Rod Smith
Jonathan Bartel
Julie Cornell*

Small Change, Big Difference!

On Tuesday, December 1, 2020, the CKenergy Electric Foundation Board approved a total of \$31,978.00 for grants this quarter. Those funds will be used to improve the livelihood of individuals, fund school programs, help local law enforcement better protect citizens, and so much more!

Giving to those in need is a great way to tap into the Oklahoma spirit and thousands of Oklahoma's electric co-op members do just that by donating funds through Operation Round Up.

As a member of CKenergy Electric Cooperative, you have the opportunity to participate in the Operation Round Up program. The program works by allowing co-op members to round up their monthly electric bills to the nearest dollar amount. The spare change is transferred to CKenergy's Operation Round Up fund and dispersed to local charitable causes.

For example, let's say you have a monthly electric bill of \$84.62. The bill is rounded up to a flat \$85, with the additional 38 cents going into the Operation Round Up Fund. On average, a co-op member donates roughly \$6 each year. Seems like a small amount, right? It is, but when multiplied by thousands of other CKenergy members, Operation Round Up raises thousands of dollars for local causes and organizations.

Operation Round Up funds are used to address important local needs. Local charities, youth groups, schools, fire departments, senior citizens centers and food banks are just a few of the beneficiaries of Round Up funds. Funds are also used to help needy individuals and families pay for medical equipment and other needs.

CKenergy Electric Cooperative is passionate about the communities we serve. Together, electric co-ops with Operation Round Up programs in place have raised more than \$100 million since 1989.

Grants are decided by a twelve-member board of cooperative members who volunteer their time to oversee the program. CKenergy Electric co-op coordinator is Boyd Lee. Requests for assistance are reviewed and evaluated quarterly throughout the year.

We hope you will continue to participate in CKenergy's Operation Round Up. Your small change will change lives, and together we will make a big difference right here in Oklahoma.

Next quarter grant applications must be submitted no later than February 2, 2021. Any applications received after the due date will be on the agenda for the next scheduled meeting.

Visit www.CKenergy.coop for a foundation application.



Kenneth Cawthon and CKEC CEO, Clint Pack



Heath Gossen and Boyd Lee, Dir. of Strategic Planning



Dusty McNatt and CKEC CEO, Clint Pack

Cawthon, Gossen, and McNatt Recently Honored

Kenneth Cawthon recently completed the Electrical Linework Program at Northwest Lineman College. Cawthon was honored and presented his certificate on Tuesday, November 24, 2020.

Heath Gossen and Dusty McNatt were recently honored with the President's

Volunteer Service Award certificate from the White House. Gossen and McNatt were both volunteers to an Energy Trails mission in Sillab, Guatemala through NRECA International.

Each volunteer who helped electrify the village of Sillab received a President's Volunteer Service Award certificate from

the White House. This certificate is a distinguished honor only given to the few in our nation who through their dedicated service "inspire, equip and mobilize individuals and organizations to take action that changes the world."

CKEC Employees Recognized for Years of Service

Thank you for your dedication

We appreciate our employees and their hard work. It's an honor to recognize them for their dedication for their years of service.

5 Years of Service

Stephen Duerr
Derek Findley
Billy Patterson
Brian Wenninger
Melisa Wheeler
Todd Wright
Gary Brewster (board member)

10 Years of Service

Thomas Baker
Bruce Irving
Jeremy Jones
Paden Mooter
Tyler Walsh
Kelby Weidenmaier
Don Payne (board member)

15 Years of Service

Scotty Branham
Boyd Lee
Robert Parsons

20 Years of Service

Gayla Coats
Mike Meeks
Debbie Toho

25 Years of Service

Dwayne Hurliman

40 Years of Service

Robert Travis (board member)



Adding humidity inside your home can make the air feel a little warmer

Five Ways to Stay Cozy this Winter

Baby, it's cold outside! When you're feeling chilly at home, there are several budget-friendly ways you can keep comfortable without turning up the thermostat.

Here are five easy ways to stay cozy during the winter months.

1. Whether you're experiencing extremely cold winter temps or you simply "run cold," an electric blanket can deliver quick warmth like a regular throw or blanket cannot. Electric blankets can include a variety of features, like timers and dual temperature settings (if your cuddle buddy prefers less heat). This winter, consider an electric blanket instead of turning up the heat, and your energy bill will thank you.

2. One of the easiest ways to stay cozy at home is to keep your feet warm. Our feet play a critical role in regulating body temperature, so when your feet are warm, your body automatically feels warmer. Try a pair of comfortable wool socks or house slippers to stay toasty.

3. On winter days when the sun is shining, take advantage and harness natural warmth from sunlight. Open all curtains, drapes and blinds in your home to let the sunshine in--you'll be able to feel the difference.

4. Another way to make your home cozier is to use a humidifier. Cold air doesn't hold water vapor like warm air, so by adding humidity inside your home, you can feel a little warmer. A favorable

level of humidity inside your home can also help clear sinuses, soften skin and improve sleep.

5. Beyond adding visual appeal to your home, area rugs can also provide extra insulation and a warm surface for your feet on cold winter days. Use large area rugs in rooms where you spend the most time. You'll enjoy the new colors and textures of the rug, and the additional warmth will help keep your home comfortable.

These are just a few ways you can stay cozy this winter without turning up the thermostat. Don't forget the hot chocolate!

Automotive

1965 Chevy two door post 350. Four speed transmission. New paint, wheels, and tires. \$28,000 cash. 405-818-9011.

55 Chevy. Complete. Not running. 4-door. \$5400 cash. 405-818-9011.

2005 Hyundai. Transmission rebuilt in 2016. Threw out bearing and quit in 20148. Just sitting since. \$98,000 miles. Best offer. 405-966-2041

Four new tires with hubs and caps with spare. Size 14. \$150. 405-394-8867.

Farm/ Equipment

1954 Ferguson, new rear tires. Needs Carburator parts installed. New carburator parts. \$1100 580-530-0593.

6' Gannon bo glade with hydraulic rippers. 405-834-4326.

Livestock/Pets

Gentle, genetic superior bulls. Easy calving, more growth and muscle. Make money with Kusel Limousin bulls. Call John, 580-759-6038.

Swap 'N Shop

For Sale or Trade

Note: CKEC does not endorse or guarantee any of the products or services in these ads.

Red angus bulls, service age, gentle, several A.I. sired. Call or text 580-450-1735.

Four year old red angus bull. Leave message. 580-919-5490.

Business

6:11 Welding & construction. Pipe fencing, metal buildings, farm equipment, & all your welding needs. No job too big or small. Bill Smith, 405-320-8379.

Mooters water well services, water well drilling, pump installs, agriculture, residential and irrigation. 405-668-0213 or 405-668-2336.

Mooters hay and cattle hauling. 405-668-0213.

Dirt work, land clearing, stumps, ponds. Fletchers backhoe. 405-519-2718.

Parking lot maintenance, crack ,asphalt sealing overlay, potholes, striping and signage. 405-245-6759.

Cooks Septic Service. Septic tank pumping and inceptions. 580-550-0545.

Mainstreet 420 Shop. Medical cannabis. 405-687-5004.

Mainstreet 420 Shop. 417 W. Main, Binger. Mon.-Sat. 11 a.m. - 7 p.m. and Sun. 1 p.m.-7 p.m. 405-687-5004.

Heavy haul of tractor dozers. backhoes, loaders, etc. 20 years of experience. 405-395-7758.

Liner replacement for semi end dump trailers. 405-638-1158.

Miscellaneous

Polaris 570 Sportsman Accessoies. Gun boot/bracket \$75. Towable cover \$80. Cargo box \$125. New tires. \$200. 405-501-1670.

Fresh peanuts. Many varieties. Pecans, peanut brittle. Great Christmas gifts. 580-515-5821. www.gooberhouse.com

Heavy duty fire pits. Built out of propane tank ends. Free standing. 580-819-0695.

Swap 'N Shop Ads are continued on page 8

You may submit classified ads, businesses, or services to Swap 'N Shop, P.O. Box 100, Cordell, OK 73632, ads@ckenergy.coop, or fax to 580-832-5174. One ad per member unless there is additional space available.

Circle category:

Autos Farm/Equip Furn/Appl Hay/Wood Livestock/Pets Misc
Real Estate Wanted-Notices Business

Name: _____

Address: _____

Phone # _____

CKEC Acct # _____

Swap 'N Shop is a classified advertisement service that we provide to our members at no cost.

- Members are able to submit written ads through the mail, fax, drop off, or by email.
- Ads are **NOT** taken over the phone.
- Ads need to be received by the 5th of each month to appear in the next month's issue.
- Ad space is limited to a 25 word maximum. **ONE** ad per member.
- Contact the editor at 580-832-3361 for information about availability of ad space.
- CKEC reserves the right to reject any ad deemed inappropriate.
- Ads will automatically run for 2 months, additional run time must be requested **before** the 5th of the month.

Reclining living room set from Bob Mills. One year old. Excellent condition. No animals or kids on them. Blue gray color. Will sell couch and loveseat separate. \$1500. 405-256-0270

Inogen one porable oxygen conentrator with two double batteries, carry bag, all manual and plugs. less than one year old. \$1595. 405-659-9737.

Jeans and pants hemming and minor alterations. Tuxes, accessory sales and rentals. Settle Studio. 405-247-5142.

Real Estate

Country living, close to town-3600sq' metal barn home, log cabin style w/ approx. 2100sq' wrap around porch on 3 sides. 3bd/2ba, office 23' ceilings in living room. Sits on 40 acres. Comes with 30x60 metal barn w/ lean to, insulated with living quarters, in ground cellar. 20 KW generator. Located 1/2 mile S of Burns Flat golf course. 580-799-7369.

5 acre tract of land,, timber wild life. Water available. Minco school district. Located on 2750 County Street in Caddo county line west of Minco. Show by appt. only. Financing available. 405-574-2980.

For Rent: 2bd/2ba north side of lake. \$500/month, \$00 deposit. No pets. 580-302-3051.

Country Living: 3bd south of Binger. 580-302-3051. No pets. \$600/month, \$500 deposit.

FOR RENT: Foss Lake, house weekends or weekly. 5bd/2 1/2ba for party barn, great for reunions, both cool, fully equipped. 580-214-0178. www.bigretreat.com.

43 acres mol, Minco. Goregeous 4,025 sq. ft. home, Geothermal HVAC, inground pool, shelter, 50x50 barn, gated entrance. Call Diane Denison, 405-919-7457.

For Rent: Vacation Cabins at Foss Lake. Quiet neighborhood, no smoking, no pets. 580-515-6452.

Vacation Rental Cabin. Fort Cobb Lake, right on the edge of the water. Room to park boat and trailer. 580-243-8697.

House for Sale: 904 N Broadway Avenue, Hydro, Oklahoma. 1650 sq. ft. 3bd/2ba, all electric. Wood burning fireplace, 10

ft. ceiling in living room, large walk-in closets, bay windows in dining room look out onto a a beautiful shaded, fenced in back yard. Cellar on patio, large storage building. Corner lot with mature trees and a garden spot. Asking \$180,000. 580-816-0293.

Want to run your own business? Roger Mills County's only newspaper is for sale! Thriving business with proven success. Be your own boss.

For Rent: 2 lg bd, lg kitchen, living room, den, 1/2ba, washroom, alarm & internet, carport. No Pets. \$600/mo. 580-302-3051.

For Rent: small 2bd/1ba, \$400/mo, \$300 dep. South Side Ft. Cobb Lake. 580-302-3051.

Vacation cabin rental. Great for hunting, fishing at Ft. Cobb lake. Room for trailer and boat. Next to water. 580-243-8697.

Events

Clinton Country Jamboree: Showtime 7:00 p.m. 1st Saturday every month. Admission \$10.00. Concession available. Family Entertainment. I-40 ext 71, Clinton, OK. 580-331-8377.

Mexican Chicken Lime Soup

Ingredients:

1 tbs. extra-virgin olive oil
1 onion, finely chopped
6 cloves garlic, thinly sliced
6 skinless boneless chicken thighs, cut into 1/2 inch pieces
2 canned chipolte chiles in adobo sauce, finely chopped, plus 2 tbs. adobo sauce
6 cups chicken broth
1/2 cup chopped fresh cilantro
Juice of 2 limes
1 avocado
crushed tortilla chips



Directions:

In a large saucepan, heat the olive oil over medium-high heat. Stir in the onion and garlic, lower the heat to medium and cook until the onion begins to brown, about 7 minutes. Increase the heat to high, push the vegetables to the side of the pan, add the chicken and cook, stirring, until golden about 5 minutes. Stir in the chipotles and adobo sauce, then stir in the chicken broth. Lower the heat and simmer for 15 minutes, skimming any foam. Stir in the cilantro and lime juice; season with salt and pepper.

Place 2 avocado slices in each of the 6 soup bowls and pour in the soup. Top with tortilla chips.