

Making Washington Work for You



Electric cooperatives are deeply connected to the communities they serve and are focused on meeting consumers' energy needs today and into the future. Providing our consumer-members with safe, reliable and affordable power will always be our highest priority, but this requires much more than simply maintaining overhead power lines and other infrastructure.

It requires us to focus on what our elected leaders are doing in Washington to ensure they are acting in your best interest. Here are some of the things we're keeping an eye on in the nation's capital.

RURAL Act

Congress created a problem for electric co-ops when it made changes to the tax code in 2017 that inadvertently put co-ops' tax-exempt status at risk if they receive

government grants. This could stick co-op members with the cost of paying taxes unless Congress fixes the problem. Fortunately, there is a solution. Bipartisan legislation known as the RURAL Act has strong support in Congress, and we're working with lawmakers to pass this important legislation.

Wind Energy

Recently, the U.S. Department of Energy selected the National Rural Electric Cooperative Association (NRECA)—our national trade association—to research small-scale, community-based wind energy solutions that can be deployed by electric co-ops. This research, to be conducted in partnership with Pacific Northwest National Laboratory, is critical to helping co-ops meet their members' desire for affordable renewable energy solutions.

Carbon Capture

In response to public policy discussions in Washington about ways to reduce emissions, electric co-ops are participating in cutting-edge research to capture and use carbon emissions to make commercial products. This work is under way at the Integrated Test Center, just outside of Gillette, Wyo., where researchers will strive to advance technologies and expand understanding of what's possible in this new arena.

Rural Broadband

Many electric co-ops are working to help close the digital divide by bringing broadband to unserved and underserved areas. NRECA called on Congress to make more funds available for rural broadband deployment. Congress answered the call and funded ReConnect, a pilot program that supports efforts to make broadband possible in rural communities. The first grants were announced late last year, with several co-ops and their communities the beneficiaries.

These are just a few of the ways that electric co-ops are working in Washington to meet the needs of the communities we serve. Because our commitment to you extends far beyond the edge of our service territory.



PO Box 70 • Binger, Okla. 73009
PO Box 100 • Cordell, Okla. 73632

tele: **(405) 656-2322**
(580) 832-3361

www.ckenergy.coop

OFFICE HOURS:
Monday-Friday,
8:00 am - 5:00 pm.

POWER OUTAGE
HOT LINES
800-868-8243

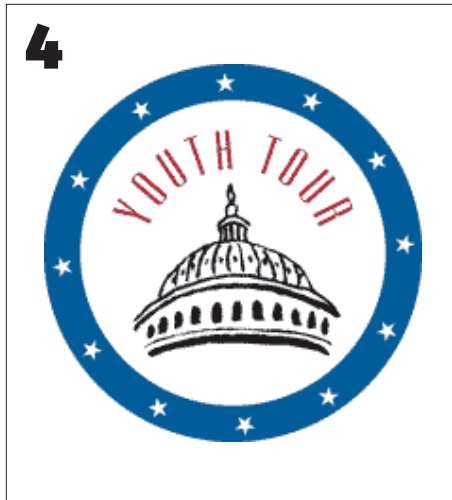
888-832-3362

BOARD OF TRUSTEES

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- Jack Sawatzky, Vice President
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PAYMENT OPTIONS

- Pay online at www.ckenergy.coop
- Pay by phone by calling **405-656-2322**, available 24 hours a day. Visa, Mastercard, Discover, or American Express.
- Pay in person at any of our offices: Binger, Cordell, Mustang, and Anadarko.
- Pay via automatic draft of your checking or savings account. To sign up, please visit www.ckenergy.coop or call **405-656-2322** or **580-832-3361**.
- **Pay through our CKenergy App available for iPhones or Androids.**



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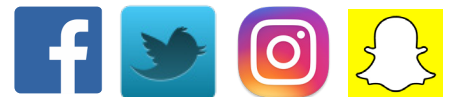


JANUARY

Winning CKEC Members

Deanna Michael
Huston Veal
Eugene Etris

If your name is listed above, please call us at **405-656-2322** to claim a \$25 credit on your electric bill.



Socialize with us!

Stay up-to-date with your co-op and your community by following us on Facebook, Twitter, Instagram, and SnapChat. Get the latest news on co-op events, services, energy saving tips, and more. During a power outage, stay connected with us for updates on the restoration process.

Questions or comments about your newsletter should be directed to Devin Whittington, Communications Specialist, CKenergy, PO Box 70, Binger, OK 73009, email: editor@ckenergy.coop.

Remember to Update Your Info



At various times and for various reasons, CKEC may need to contact our members. The information that you provide is our source of contact. If that information is incorrect—for example your phone number has changed or you no longer use your post office box, etc.- we have no way of knowing unless you make us aware of the change. If you call in your information, please be prepared to confirm

your identity. Also, a correct phone number could be the means of avoiding disconnection of service.

A correct address will help to ensure that you receive your bill. A forwarding address if you move off CKEC lines will help to ensure that you receive your final bill, your deposit and/or membership refund check, if applicable, as well as your capital credit checks when the time comes.

Did not receive your bill?

Remember that failure to receive your bill in no way relieves you, the member, from paying it. If you do not receive your bill, contact the office billing department before the due date so that another bill can be issued at (405) 656-2322.



Winter ice storms and spring tornadoes can cause massive outages. CKEC has upgraded our phone handling capabilities to avoid busy signals.

CKEC has two toll free numbers. 888-832-3362 and 800-868-8243 that have the capacity to handle over 2,000 calls as well as get the outage information into our outage system.

So please remember to report outages to one of CKEC's toll free phone lines. You can also report an outage using the CKEnergy app.

CKEC Employees Recognized for Years of Service

On December 14, 2019, 24 CKEnergy employees and board members were recognized for their hard work and dedication throughout their years of service. Thank you all for you everything you have done and continue to do!

5 Years of Service

Audra Alldredge
Joseph Haddon
Travis Smith
Devin Whittington

10 Years of Service

Justin Miles
Brent Venable

15 Years of Service

Jared Brown
Kent Lynn
Jack Sawatzky (Board Member)

20 Years of Service

Kyle Davis
Brandon McLemore
Lisa Willard

25 Years of Service

Wendy Putman
Manny Macias

30 Years of Service

Mike Mogg
Keith DeVaughan

Keith Anthony
Gary Williams
Mark Woods
Herman Myers (Board Member)

35 Years of Service

Johnny Jones
Glenn Propps (Board Member)

45 Years of Service

Jimmy Hedrick

50 Years of Service

Charles Lisenbery

Rural Electric Youth Tour

Long standing program still provides the trip of a lifetime.

Senator Lyndon Baines Johnson inspired the Youth Tour when he addressed the National Rural Electric Cooperative Association (NRECA) Annual Meeting in Chicago in 1957. The Senator and future president declared, *“If one thing comes out of this meeting, it will be sending youngsters to the national capital where they can actually see what the flag stands for and represents.”*

Consequently, some Texas electric cooperatives sent groups of young people to Washington to work during the summer in Senator Johnson’s office. In 1958, a rural electric cooperative in Iowa sponsored the first group of 34 young people on a week-long study tour of our nation’s capital. Later that same year, another bus load came to Washington from Illinois. The idea grew and other states sent bus loads of young people throughout the summer. By 1959, the “Youth Tour” had grown to 130 students.

In 1964, NRECA began to coordinate joint activities among the state delegations and suggested that cooperative representatives from each state arrange to be in Washington, D.C., during Youth Tour week. The first year of the coordinated Tour included approximately 400 young people from 12 states. Word of the program has continued to spread and today, more than

1,500 students and over 250 chaperones participate in the Youth Tour every year.

Youth Tour directors from each state association arrange their delegation’s visits to their U.S. representatives’ and senators’ offices, federal agencies and other educational and sightseeing activities. In addition to the planned statewide activities, the Youth Tour experience encompasses multi-state activities coordinated by NRECA.

Oklahoma students have made that trip seeing sights such as the Smithsonian Institution Museums, the Lincoln Memorial, war memorials, George Washington’s Mount Vernon estate, the U.S. Capitol and the White House, to name a few. They have shaken hands with senators and representatives, and some have even seen the president.

Coordination of the 2020 Youth Tour contest is already underway. Deadline for applications is drawing close, **February 3rd, 2020**. High School Juniors, don’t miss out on this once in a lifetime trip! Rule and application forms are at your school counselor’s office, CKenergy offices and online at ckenergy.coop. For more information call Member Services at 405-656-2322.

APPLY NOW!



- Fill out the contest application.
- Write a letter to a person of importance over a topic that you care about.
- Submit your application and letter to CKenergy by **February 3rd, 2020**.

For more information contact:

Lisa Willard
lwillard@ckenergy.coop
580-832-3361

Devin Whittington
devinw@ckenergy.coop
405-656-2322



“If one thing comes out of this meeting, it will be sending youngsters to the National Capital where they can actually see what the flag stands for and represents.”—Senator Lyndon Baines Johnson, 1957

College is just around the corner, are you ready?

By Devin Whittington, The Buzz Editor

Are you ready for college? Do you even feel like you're ready for college? I can tell you right now that you are, even if you don't believe it. Going off to college can seem intimidating right now, but just know, once you're there it'll all be worth it!

There's a lot that goes into prepping for college. You've got to apply to schools, scholarships, find a roommate, get your books and supplies, etc.

Here are a few tips that are hopefully helpful as you prepare to take on the next chapter of your life.

- When you're picking out what schools to apply for, think about what they have to offer that makes you feel the most comfortable. It could be the town it's located in, the class sizes, 2 year college vs. a 4 year university, how far away from home it is, etc. The more comfort factors you find in a college, the more likely you are to enjoy the time spent there.
- Think about what kind of classes you would like to take. You don't have to pick a major right off the bat, but having an idea of what you would like

to study will help you figure out what you'd like your major to be after your first semester or year.

- Once you decide on a school, or even before, go visit the campus. Get a feel for the place where you are looking to spend the next 2-4 years of your life. If you familiarize yourself with your surroundings it won't feel as foreign and your anxiety will drop ten fold, promise.
- Apply for as many scholarships as you can. There are more scholarships available than you'd ever believe. Talk to your school counselor about all the options available to you. Here at CKEC we offer scholarships to seniors in our service territory. Check out the sidebar for more information!
- The most important piece of advice that I can give you is to not worry. Applying for college and scholarships is a piece of cake. Yes, you have to actually sit down and work to get them done, but it's worth it in the end.

Hopefully these tips will be as useful to you as they were to me. Good luck in all of your endeavors, Seniors!

2020 SENIOR SCHOLARSHIP CONTEST

CKEC will award 12 Senior Scholarships to applicants who satisfy the eligibility requirements. The CKEC Scholarships are in the amount of \$500.00 and are awarded to individuals pursuing a four-year university or college academic degree program or a two-year associate degree or technical institute certificate program.

TO ENTER:

Student's Parent(s) or Guardian(s) must be a member in good standing of CKEnergy Electric Co-op.

Student must complete all required items on the application:

- Application for CKEC Senior Scholarship.
- Minimum of 2 letters of recommendation.
- Letter from applicant stating why they desire to continue their education.
- Current photograph for use in the Cooperative's monthly publication, "The Buzz."

Completed Senior Scholarship applications are due no later than **5:00 p.m. on Monday, March 2, 2020**. Applications can be mailed to P.O. Box 100, Cordell, OK 73632 or emailed to lwillard@ckenergy.coop.



Youth Power Energy Camp Energizes Teens

A four-day action-packed adventure for eighth-graders, Energy Camp helps develop leadership skills and promotes teamwork while teaching about cooperative enterprises, the rural electrification program and electrical safety.

Each year, CKEC sponsors four students to the camp, which will be held May 26-May 29, 2020 at Canyon Camp, near Hinton, Oklahoma.

While Energy Camp offers many traditional summer camp activities like swimming, hiking, basketball, and a ropes course, teens also have the unique opportunity to climb a utility pole, ride in the basket of a bucket truck, tour one of the largest electricity generating facilities in the state and watch a co-op crew at work. They'll take home a new-found confidence and a host of new friends—like minded peers from all over Oklahoma.

Students currently enrolled in the eighth grade within CKEC's service territory are eligible to compete for a spot at Energy Camp. For more information, visit www.ckenergy.coop.

Plunging temps cause higher bills

Heating systems battle to maintain comfort during cold spells

Everyone likes the idea of paying less for utility bills, but resolving to use less energy requires a commitment.

With winter in full swing, now is the perfect time to make energy efficiency a priority in your home.

For some CKenergy members, winter heating costs can be higher than summer cooling costs. That's because the laws of nature dictate how heat behaves on Earth. Remember, heat moves to cool.

On a cold winter day, the heat generated by a heating source is moving through building materials, cracks around doors and windows, unsealed holes created by electrical and plumbing installations, and poorly installed and inadequate insulation.

Furthermore, winter usually doles out a larger temperature difference between the indoor thermostat setting and the outdoor temperature. The greater that temperature difference, the more energy is required to maintain the desired temperature inside your home.

So how do you know if your home is energy efficient? Here's a simple way to find out, based on your average monthly utility usage. Simply multiply the square footage of your home by 10 cents. For instance, a 1,500-square-foot home multiplied by 10 cents (.10) equals \$150.00. A 2,000-square-foot home multiplied by 10 (.10) cents equals \$200. And so on.

Next, calculate your total electric bills for a one-year period. If you heat with natural gas or propane, be sure to add those bills into the total.

Next divide the total by 12 months to establish your monthly average. If your monthly average exceeds the square-footage multiplied by 10 (.10) cents calculation, you could probably benefit from some energy efficient improvements.

You can find easy-to-follow energy saving suggestions and podcasts at www.smartenergytips.org, or take the energy-saving home tour at www.togetherwesave.com.



Be a good neighbor

Winter weather can be difficult on elderly loved ones and neighbors. The temperature alone, not to mention wind, ice or snow, can make it hard for senior citizens to get to the doctor, pharmacy and even the grocery store. Those on a tight budget sometimes skimp on basics such as food and utilities to keep their home warm.

CKenergy encourages you to be a good neighbor by checking on your aging friends and family regularly. Take action if you haven't seen them in a while, or if you notice mail or newspapers piling up in their mailbox. They will appreciate your concern, and you'll feel better knowing they are safe and sound.

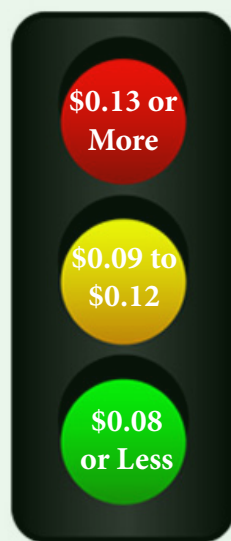
How to Estimate Your Home's Energy Efficiency

To estimate your home's energy efficiency, take your average electric bill and divide it by the square footage of your home. For example, an 1,800 square-foot home with a \$260 electric bill will cost \$0.14 per square foot. *

$$\frac{\$260}{1,800 \text{ sq. ft}} = \$0.14/\text{sq. ft.}$$

This home would benefit from some energy saving improvements. Calculate your home's cost per square-foot and see how it ranks on the scale to the right.

*Calculations are based on an all-electric home without a pool or hot tub.



Needs Improvement

Could Be Improved

Energy Efficient

Energy Efficiency Tip of the Month



Let the sunshine in! For additional warmth, open drapes over windows that receive sunlight during the day. Close them at night, which can reduce heat loss from a warm room up to 10%.

Source: energy.gov

Automotive

I buy junk cars & farm equipment. 405-641-3344.

Run about side x side. Great condition, 2 bucket seats, radio, winch, 25 mph, Honda motor. \$3,000. 580-550-1238.

1930 Ford Coupe Street Rod Show Car. 350 motor, 350 turbo traine, 378 gears, heat & air, am/fm cd player. New paint, new tires. 5,000 miles. Call for info. 580-583-9925

1984 Ford Pickup with camper. 6cyl, standard. \$1,200 OBO. 405-641-3344.

1999 Ford Winstar Van. Nice looking, runs good, has bad power steering. 405-659-2744.

2008 Ford Explorer Sport Trac XLT. 4x2 V^, 1 owner. 99,000 miles. \$10,000. 405-694-0625.

1940 Ford Conv. Restored, runs good & drives. New paint, upholstery, carpet, top, good tires, & glass. \$48,000 OBO. 580-331-7304.

Two Goodyear Tires ST205/75R14, never mounted. 405-376-4460.

Farm/ Equipment

Marrow's Tractor Tire Repair, Sales, & Service 405-668-0248

Swap'N Shop
For Sale or Trade

Note: CKEC does not endorse or guarantee any of the products or services in these ads.

Horse Trailer, older. Power boss generator 7350, easy pull start, hay hauler with gas motor. Sell or Trade 405-284-6804.

Like new 72" county line finish mower. \$1,400. 580-473-9184.

20 ft. Stock Trailer, goose neck, full top. \$1,800. 16 ft. trailer, bumper hitch, \$500. 580-515-3989.

Miscellaneous farm equipment for sale. Call 405-929-7243.

10ft JD front end dozer blade (40 series tractor), twin cylinder 3 way blade (\$1500.00) OBO, MF 2705-1979 (\$3500.00) OBO, 2 JD-5 bottom semimount plows (\$500.00)OBO, Filson working chute (\$3500.00)OBO. 405-388-7669.

Livestock/Pets

Registered black angus, spring bred heifers and cow for sale. Call or text 405-929-9205.

Gentle, genetic superior bulls. Easy Calving, more growth and muscle. Make money with Kusel Limousin bulls. Call john, 580-759-6038.

Business

Jeans & pants hemming & minor alterations. Tuxes & accessories sales & rentals. Settle Studio. Call for appointment. 405-247-5142.

Welding & fabrication, call Tony at 405-834-1128.

6:11 Welding & Construction. Pipe fencing, metal buildings, farm equipment, & all your welding needs. No job too big or small. Bill Smith, 405-320-8379.

Fresh peanuts of many varieties. Pecans, peanut brittle. Makes great Christmas gifts. 580-515-5821. www.gooberhouse.com

Harrison Auction & Realtor, David Harrison. Equipment- Real Estate- Minerals. 405-779-5792.

Miscellaneous

2008 G3 Yamaha Pontoon. 23' length, bimi top, 3 captains chairs, 2 couches, 90hp outboard motor. Owned 7 yrs. Retail \$17,150, asking \$9,000. 405-222-0636.

Hay/Wood

11 Round Bales, Excellent Quality Alfalfa. \$110/bale. 28 round bales, good quality alfalfa \$90/bale. Can deliver if close to Anadarko area. 405-933-1391.

Swap 'N Shop Ads are continued on page 8

You may submit classified ads, businesses, or services to Swap 'N Shop, P.O. Box 70, Binger, OK 73009, ads@ckenergy.coop, or fax to 405-656-2912. One ad per member unless there is additional space available.

Swap 'N Shop is a classified advertisement service that we provide to our members at no cost.

- Members are able to submit written ads through the mail, fax, drop off, or by email.
- Ads are **NOT** taken over the phone.
- Ads need to be received by the 10th of each month to appear in the next month's issue.
- Ad space is limited to a 25 word maximum. **ONE** ad per member.
- Contact the editor at 405-656-2322 for information about availability of ad space.
- CKEC reserves the right to reject any ad deemed inappropriate.
- Ads will automatically run for 2 months, additional run time must be requested **before** the 10th of the month.

Circle category:

Autos Farm/Equip Furn/Appl Hay/Wood Livestock/Pets Misc
Real Estate Wanted-Notices Business

Name: _____

Address: _____

Phone # _____

CKEC Acct # _____

Real Estate

For rent: 2bd/ 1.5 ba. \$850/mo. \$850 deposit. Application fee, proof of income, references required. No pets/smoking. No utilities. Leave msg. 405-823-4819. Minco.

3 bedroom, living room, dining room, kitchen, den, laundry room, & one bathroom, with garage. Almost 2 acres. Fort Cobb, OK. 405-933-3454.

Nice rural home 3bd/2ba, C/H&A, 2 car garage, storage shed. SE of Colony, OK. \$139,000. Call 405-777-3156.

Apartment/duplex (2 cabins) located on 1.625 acres, both 2 bed, 1 bath that could be converted to 4 bed and two baths. Near Ft. Cobb Lake. Close to Sunset Cove Marina. Stained concrete floors. Fully furnished. Fantastic condition and new metal roof. Newly built 2008 on the North Lake Estates. All electric w/ water well. \$122,900. 580-772-0606.

Country Living, Close to Town-3600sq' metal barn home, log cabin style w/ approx. 2100sq' wrap around porch on 3 sides. 3 bd, 2ba, office 23' ceilings in living room. Sits on 40 acres. Comes with 30x60 metal barn w/ lean too, insulated with living quarters, in ground cellar. 20 KW generator. Located 1/2 mile S of Burns Flat golf course. Call 580-799-7369.

5 acre tract of land, timber, wildlife, Minco, OK school district. Newer double wide trailers welcome. Financing available. 405-352-5190.

For Rent: 2 bedroom, 2 bath. North side of lake. \$500/month, \$00 deposit. No pets. 580-302-3051.

Country Living: 3 bedroom South of Binger. 580-302-3051. No Pets. \$600/month, \$500 deposit.

FOR RENT: Foss Lake, house weekends or weekly. Homey 5 bdr, 2 1/2 baths or party barn, great for reunions, both cool, fully equipped. 580-214-0178. www.bigtretrat.com

43 acres mol, Minco. Gorgeous 4,025 sq. ft. home, Geothermal HVAC, inground pool, shelter, 50x50 barn, gated entrance. Call Diane Denison, 405-919-7457, 1st United Realtors.

For Rent: Vacation Cabins at Foss Lake. Quiet neighborhood, no smoking, no pets. 580-515-6452.

Vacation Rental Cabin. Fort Cobb Lake,

right on the edge of the water. Room to park boat and trailer. Rent by week or day. 580-243-8697, call or text.

House for Sale: 904 N Broadway Avenue, Hydro, Oklahoma. 1650 sq. ft. 3 bed, 2 bath, all electric. Wood burning fireplace, 10 ft. ceiling in living room, large walk-in closets, bay windows in dining room look out onto a beautiful shaded, fenced in back yard. Cellar on patio, large storage building. Corner lot with mature trees and a garden spot. Asking \$180,000. 580-816-0293.

Farm for Sale: 640 acres (section). Approx. 50/50 cropland/pasture, 4 ponds, water well, corral with chute. 2 miles west of Roosevelt. Referred to as the "Braun Place." Cell 214-802-2584 or home 972-235-3682.

Want to run your own business? Roger Mills County's only newspaper is for sale! Thriving business with proven success. Be your own boss. Call RE/MAX Gold Buckle Realty, 580-330-9090.

For Rent: 2 lg bedroom, lg kitchen, living room, den, 1/2 bath, washroom, alarm & internet, carport. No Pets. \$600/mo. 580-302-3051.

For Rent: small 2 bed, 1 bath, \$400/mo, \$300 dep. 580-302-3051. South Side Ft. Cobb Lake.

LAND SALE- 111 acres NE OKC, 5 min to I-44, 25 min downtown OKC or Edmond on paved rd. 405-376-4460.

Cabin for Rent: Great hunting, fishing, and vacation cabin. Right next to water, plenty of room in front for trailer or boat. Call or Text 580-243-8697.

Events

Clinton Country Jamboree: Showtime 7:00 p.m. Country & Western 1st and 3rd Saturday every month. All Gospel 5th Saturday. Admission \$9.00. Concession available. Family Entertainment. I-40 exit 71, Clinton, OK. 580-331-8377.

Buffalo Brussel Sprouts

The Salty Side Dish

Ingredients:

Buffalo Coating and Seasoning Mix *
1 pound of Brussels Sprouts - halved
3 tablespoons butter

*Recommended for this recipe is Great Value Buffalo Coating and Seasoning Mix from Walmart.



Directions:

Preheat your oven to 400 degrees. Cut your brussels sprouts in half. I find that a serrated knife works best. Put in a strainer and rinse. Lay a piece of parchment paper on a baking sheet. This will keep your buffalo brussels sprouts from sticking to the pan and not burn. Mix your wet brussels sprouts and seasoning together in the bag until fully coated. 1 Pound of veggies can be quite a bit if you use the bag that comes in box so you may need to transfer to a gallon size ziplock or move them around to make sure they are coated. Dump onto your baking sheet and spread out. Bake for approx 13-15 minutes, turning half way in between. You may need UP TO 20 minutes, depending on how large your brussels sprouts are. They should be able to be cut into easily. Now transfer carefully to a bowl and drop in your 3 tablespoons of butter. Stir until butter melts on the sprouts. Serve with dressing or dip.