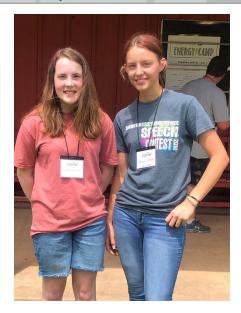


Deadlines

February 17-Leadership Summit Applications due.

March 3-Senior Scholarship Applications due.

February 2023 A SUPPLEMENT TO OKLAHOMA LIVING





Energy Camp Builds Friendships

8th graders apply by March 17

four day action packed adventure for eight-graders, Energy Camp helps develop leadership skills and promotes teamwork while teaching about cooperative enterprises, the rural electrification program and electrical safety.

Each year, CKEC sponsors four students to the camp, which will be held May 30 – June 2, 2023 at Canyon Camp near Hinton, Oklahoma. It's a great way to make new friends. Friendships that often extend well beyond the four days

they spend together at camp.

While Energy Camp offers many traditional summer camp activities like swimming, hiking, basketball, and a ropes course, teens also have the unique opportunity to climb a utility pole, ride in the basket of a bucket truck, tour one of the largest electricity generating facilities in the state and watch a co-op crew at work. They'll take home a new found confidence and a host of new friends-like minded peers from all over Oklahoma.

YOUTH POWER 3

Students currently enrolled in the eight grade within CKEC's service territory are eligible to compete for a spot at Energy Camp. For more information visit www.CKenergy.coop

✓It's Fun

Energy Camp rolls plenty of activity into four days, but the focus is on building leadership skills, learning cooperative principles, and making new friends.

☑ Date and Location

Energy Camp will be held May 30 – June 3 at Canyon Camp near Hinton, OK. The camp is located near the scenic Red Rock Canyon.

✓ Meals and Transportation

CKEC provides transportation to and from camp. All meals, snacks, and camp activities are paid, courtesy of CKEC.

✓ Requirements

Student must be eighth graders attending school in CKEC territory.

√How to Enter

Teens are asked to write a 100 word essay on "What I would miss most without electricity." The essay should be written by a team of two eighth graders.

✓ Deadline

Essay deadline is March 17, 2023. Essays are to be written legibly or typed, double spaced on only one side of the paper. Attach a cover page which includes name, birthdate, email, parent's name, address, phone number, school, and shirt size.

Questions

Please call Lisa Willard at 405-656-9114 or send an email to lwillard@ckenergy.coop.



PO Box 70 • Binger, Okla. 73009 PO Box 100 • Cordell, Okla. 73632

tele: **(405) 656-2322**

www.ckenergy.coop

OFFICE HOURS: Monday-Friday, 8:00 am - 5:00 pm.

POWER OUTAGE HOT LINES **800-868-8243 888-832-3362**

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PAYMENT OPTIONS

- Pay online at www.ckenergy.coop
- Pay by phone by calling 405-656-2322, available 24 hours a day. Visa, Mastercard, Discover, or American Express.
- Pay in person at any of our offices: Binger, Cordell, Mustang, and Anadarko.
- Pay via automatic draft of your checking or savings account. To sign up, please visit www.ckenergy.coop or call 405-656-2322.
- Pay through our CKenergy App available for iPhones or Androids.





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FEBRUARY

Winning CKEC Members

Bruce Cain Curtis Lackey Timothy Zajac

If your name is listed above, please call us at **405-656-2322**









Socialize with us!

Stay up-to-date with your co-op and your community by following us on Facebook, Twitter, Instagram, and SnapChat. Get the latest news on co-op events, services, energy saving tips, and more. During a power outage, stay connected with us for updates on the restoration process.

Questions or comments about your newsletter should be directed to Lisa Willard, Director of Communications, CKenergy Electric Cooperative, PO Box 100, Cordell, OK 73632, email: editor@ckenergy.coop.

Lowering Winter Bills



inter weather typically means increased energy use. Keep your bills in check with the following emergy tips.

Take Advantage of Heat from the Sun

- Open curtains on the south-facing windows during the day to allow sunlight to naturally heat the home, and close them at night to reduce the chill from cold windows.
- Be certain to plant deciduous trees on the south facing side of the home, especially in proximity to windows. eThey will let the light and warmth in the windows during the winter and will shade the windows in the summer.

Cover Drafty Windows

Use a heavy-duty, clear plastic sheet on a frame or tape clear plastic film to the inside of window frames during the cold winter months.

Make sure the plastic is sealed tightly to the frame to help reduce infiltration.

- Install tight-fitting, insulating drapes or shades on windows that feel drafty after weatherizing.
- Find out about other window treatments and coverings that can improve energy efficiency.

Adjust the Temperature

- When you are home and awake, set the thermostat as low as possible.
- When you are asleep or out of the house, turn the thermostat back to save as much as 10% a year on your heating and cooling bills. A smart or programmable thermostat can make it easy to set back your temperature. But make sure the temperature is comfortable for pets!

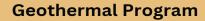
If you have a heat pump, maintain a moderate setting or use a programmable thermostat specially designed for use with heat pumps.

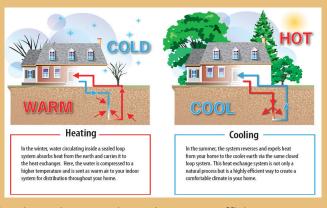
Find and Seal Leaks

- Seal air leaks around utility cutthroughs for pipes ("plumbing penetrations"), gaps around chimneys and recessed lights in insulated ceilings, and unfinished spaces behind cupboards and closets.
- Add caulk or weatherstripping to seal air leaks around leaky doors and windows.

Maintain Your Heating Systems

- Schedule routine service for home heating systems.
- Replace furnace and heat pump filters once a month or as needed.





The Geothermal Program is another energy efficiency program CKEC offers. It utilizes the natural heating and cooling power of the earth to save you money year-round. Like any type of heat pump, it simply moves heat energy from one place to another. A geothermal heat pump is like a refrigerator because they work using the same scientific principle. The geothermal heat pump uses refrigeration to remove heat energy stored in the earth and groundwater and transfer it to the home.





Heating Equipment Safety

eating equipment, such as space heaters, kerosene heaters, fireplaces and wood-burning stoves, is a leading cause of fires in U.S. homes, according to the National Fire Protection Association (NFPA). The term "homes" includes one-and two-

family homes (including manufactured homes), apartments, townhouses and other multi-family dwellings.

During a recent fouryear period, local fire departments responded to an estimated average of 48,530 fires involving heating equipment each year. The fires resulted in 500 civilian (non-firstresponder) deaths, 1,350 civilian injuries and \$1.1 billion in direct property damage, according to NFPA's Home Heating Fires report published in 2021.

In addition:

 Heating equipment caused one in seven home fires and 19% of home fire deaths. Most home heating fire deaths (81%) included stationary or portable space heaters.

 More than half of the home heating fire deaths were caused by placing

Space Heater
Safety

Make sure your smoke and carbon monoxide detectors are in good working condition.

Make sure the heater is clean and in good condition.

Never allow pets or children near an electric heater. Acidental contact could cause serious shock or burns.

Turn off your space heater and unplug it before leaving the room or going to bed.

Safe
Electricity.org*

heating equipment too close to things that can burn, such as furniture, clothing, mattresses or bedding.

• Nearly half (48%) of all home heating fires occurred in December,

January and February.

 Failure to clean equipment, such as chimney flues, accounted for a quarter of all heating equipment fires.

In addition, approximately two in five home heating equipment fires involved items that ran on what is considered solid fuel, such as wood-burning or pellet stoves or wood-burning fireplaces. However, electric-powered heating devices were responsible for the largest share of losses, accounting for more than half of the fatalities, three in five injuries and two-fifths of the property damage.

Follow these safety tips to use space heaters safely:

- **1.** Read all instructions and use space heaters only as recommended.
- **2.** Do not leave space heaters unattended.
- 3. Plug them directly into an outlet; most power strips and extension cords are not equipped to handle

heaters cycling on and off.

4. Unplug any other items from the outlet you are using and try to use a dedicated circuit to avoid overload.

the energy spikes caused by space

- **5.** Keep children and pets away from space heaters.
- **6**. Turn the heaters off before you leave the room or go to sleep.
- 7. Do not use heaters that are in disrepair or have frayed cords or damaged plugs.
- **8**. Place them on flat, level surfaces and never on furniture, counters or carpet, which can overheat.
- **9.** Unplug and put space heaters away (out of the reach of children) when not in use.

CKEC partners with Caddo Kiowa Technology

CKenergy Electric Cooperative teamed up with Caddo Kiowa Technology Center (CKTC) to spread hope and holiday cheer to children across the dsitrict. CKEC donated \$3,000 to make the purchases possible. The toys and goodies were then delivered by CKTC Leadership Academy students to Caddo County Department of Human Service. Giving back to those we serve is part of the cooperative commitment. .





Pictures courtesy of CKTC



View, Pay, Create, Update, Alert, Report, Send & Receive?



There's an app for that.

Look for the CKenergy EC app on Google Play or the App Store.





DeVaughan, Hannagan, Hedrick, and Rivera Retire

After many years of dedicated service, Keith Devaughan, Tommy Hannagan, Jimmy Hedrick, and Mario Rivera retire from CKenergy Electric Cooperative.

A reception honoring the retirees was held on Tuesday, December 27, 2022.

"On behalf of the Board of Directors and employees, I would like to thank these men for their dedicated years of service to the cooperative," said CKEC CEO Clint Pack. "They were committed to our cooperative and members and a true asset to CKenergy. We wish them all the best in their retirement."

Years of service for each of the retirees is as follows:

Keith DeVaughan 12/18/89-12/31/22 Tommy Hannagan 04/04/77-12/31/22 Jimmy Hedrick 09/03/74-12/31/22 Mario Rivera 05/20/08-01/06/23

Congratulations and enjoy your well deserved retirement!



Keith DeVaughan



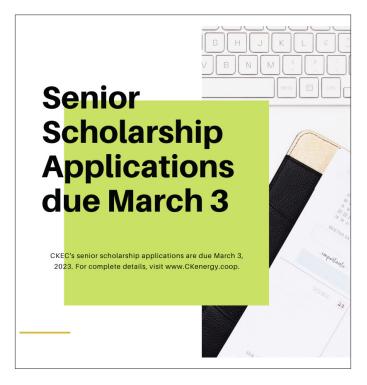
Jimmy Hedrick



Tommy Hannagan



Mario Rivera



Leadership SummitApplications due February 17



The Leadership Summit is open to any high school junior or senior that attends a school within CKEC's service territory. Applications are due February 17. For complete details, visit www.CKenergy.coop.

Automotive

302 Ford engine and C4 auto trans. Complete from oil pan to air cleaner. All new parts. \$1700. 405-256-0270

1952 Ford Pickup. Restore or parts. \$850. 580-331-7304.

1993 Dodge 3/4 ton 4x4 truck, club cav, Cummins turbo diesel. 5 sped manual, new tires, very good condition. \$15,000. Text 405-933-6123 for pictures.

Farm/ Equipment

820 John Deere, will run. 80 JD - needs work. \$2500 for both. 580-331-7304

16' trailer - 6 ton limit. Heavy duty. Can haul heavy equipment or vehicle. Pedulum type hitch. \$4500. 405-570-8288.

Livestock/Pets

Better bulls. Add more profit with big, stout bulls with low birth weights that will sire calves with faster growth and more muscle. Kusel Limousin and Lim-flex. Call John. 580-759-6038.

Swap 'N Shop is a classified advertisement service that we provide to our members at no cost.

- · Members are able to submit written ads through the mail, fax, drop off, or by email.
- · Ads are **NOT** taken over the phone.
- · Ads need to be received by the 5th of each month to appear in the next month's issue.
- Ad space is limited to a 25 word maximum. ONE ad per member.
- · Contact the editor at 580-832-3361 for information about availability of ad space.
- · CKEC reserves the right to reject any ad deemed inappropriate.
- Ads will automatically run for 2 months, additional run time must be requested before the 5th of the month.

Swap'N Shop

For Sale or Trade

Note: CKEC does not endorse or guarantee any of the products or services in these ads.

Red angus bulls, service age, gentle, several A.I. sired. Call or text 580-450-1735.

Peacocks, 3 year old Indian Blues. 580-347-2645.

Business

Paving Maintenance, 405-245-6759.

Cooks Septic Service. Septic tank pumping and insecptions. 580-550-0545.

C and K Trucking. 20 years exp. Hauling heavy equipment, dozers, escavators, loaders and tractors. 405-395-7758.

Liner replacement for semi end dump trailers. 405-638-1158.

Award winning decks, pergolas, outdoor kitchens, firepits, outdoor fireplaces,

cedar fence. 405-834-3411.

Shook's Triple S Construction. Metal carports, awnings, and more. Built on site to meet your needs. Free estimates. 405-413-7590.

Custom apparel printing and embroidery for your personal or business needs. No orders too small. We can print one or more. Special rates for fundraisers and not for profit groups.

www.countrychickdesign.com

Mobile welding. Welding and fabrication. Call Tony at 405-834-1128.

Loud Mountain Trading Co. Cement, OK. Over 90 local artisans and craftsmen. Premium ice cream. Monday-Saturday 10-6 p.m. LoudMountainTradingCo.com

www.CowgirlBeef.com. Quality beef you can afford. Ranch-raised calves finished for 120+ days and processed in OK. Buy 1 cut or the whole beef. 619-884-0970. cf2cattle@gmail.com

Door and window installation and

Swap 'N Shop Ads are continued on page 8

You may submit classified ads, businesses, or services to Swap 'N Shop, P.O. Box 100, Cordell, OK 73632, ads@ckenergy.coop, or fax to 580-832-5174. **One ad per member** unless there is additional space available.

		Circle c	ategory:		
Autos			Hay/Wood d-Notices E	Livestock/Pets	Misc
Name:					
Address:					
Phone #_					
CKEC Acct	t #				

repair. Free estimates. JD DE Shazo Construction 405-245-4042.

Buster paint striping. Roll-off dumpsters, parking lot maintenance, dumpster rental, junk and debris removal. Free estimates. 405-648-2194.

Miscellaneous

C and K trucking heavy haul tractors, dozers, backhoes, trackhoes, loaders. 20 yrs. experience. 405-395-7758.

Jeans and pants hemming and minor alterations. Tuxes, accessory sales and rentals. Settle Studio. 405-247-5142.

Free street rod magazines and hot rodders digest. 2003, 2016, 2018, and 2019. Old top value stamps and western auto catalog. 405-256-0270.

49 JFK Jr. "Geroge magazines" plus "Last will and testament of Jacquline Kennedy. 405-797-2915.

Heavy built fire pits. Can be built with or without removable grill. Made out of propane tank ends. Prices range from \$200 to \$450. 580-819-0695.

6' BushHog, like new. Lumber: 3x12x16xLVls. Kenmmore sewing mahcine. 1993 Lincoln Cont. Mark VII. 580-695-4589

T-shirt quilts and memory bears. Alterations. 405-933-0224.

\$100 Agreed Divorces. JNK Paralegal Service. www.jnkparalegal.com JNKparalegal@aol.com 405-376-2206.

Goober House. Fresh peanuts of many varieties, pecans, and peanut brittle. 580-515-5821. www.Gooberhouse.com Four 18 in. mag wheel and tires off 2019 Camaro. Like new. \$300 405-439-7571.

Offering a new service. When you can not, I can assist by checking on your loved one in the hospital, nursing home or their home. Janice Smith, Companion Care. 405-542-7498.

Campbell Hausfeld portable air compressor. 5 hp/1.7 hp/15 gallong 120 volt. 135 max PSI and 7 gallong air tank. \$250 405-687-0160.

Beautiful/rare 1880's Eastlake Cherry/ Mahogany panel bed with luscious carving. Matching chest. Large mirror in excellent condition. Offering together or separate. 405-924-6344.

300 quart jars for canning. No lids. 50 cents each. 405-376-5177

Pioneer era dinette set. hutch. buffet. table, four chairs. Tiger oak. Hand carved. Fruit motif. \$2,000 580-772-4297.

Real Estate

Home on 1.5 acres in Eakly. Lovingly maintained with 3 bed/3bath. Living room and den. 580-330-9090. www.goldbucklerealty.com

Beautiful vacation cabin rental. Hunting fishing, and boating. Nice restroom, refrigerator, microwave, coffee pot, deck and propane grill. Sleeps six easily. Call or text. 580-243-8697.

5 acre tracts of land for sale. Caddo County line 2750, 9 miles west of Minco. 405-574-2980.

Wanted-Notices

Wanted AFX, Aurora, slot cars, redline hotwheels, comic books, model car kits. 405-361-2227.

Two used tires for old crap metal trailer. 15 inch 95L 405-638-0466.

Oven-Baked Ribs

Ingredients:

For the Ribs

2 lb. baby back ribs 1/2 c. packed brown sugar 2 tsp. kosher salt 1 tbsp. garlic powder 1/2 tsp. freshly ground pepper 1/2 tsp. paprika 1/2 tsp. ground mustard 1/4 tsp. cayenne

Barbecue Sauce

1 ½ c. ketchup 1 c. paked brown sugar ½ c. water 1/4 c. apple cider vinegar 1 tbsp. Worcestershire sauce 1 tbsp. molasses 1 tsp. kosher salt ½ tsp. garlic and onion powder 1/4 tsp. ground mustard 1/4 tsp. paprika



Directions:

- 1. Preheat over to 300 deg. and line a baking sheet with aluminum foil.
- 2. In a small bowl stir together brown sugar, salt, garlic powder, papper, paprika, mustard powder, and cayenne. Rub mixture all over ribs and place on prepared baking sheet. Cover with foil and bake until tender. 2 hours.
- 3. Meanwhile make barbeque sauce: In a medium saucepan over medium heat, combine all sauce ingredients together. Bring to a boil, then reduce heat and let simmer, stirring occasionally, until thick.
- 4. Turn oven to broil. Remove foil from ribs and brush both sides with sauce. Broil until sauce just starts to caramelize, 2 to 4 minutes.