



Committed to a Co-op Culture for All

Over the years, you've probably heard why and how CKenergy Electric Cooperative is different—because we're a cooperative. Our business model sets us apart from other utilities because we adhere to seven guiding cooperative principles that reflect core values of honesty, transparency, equity, inclusiveness and service to the greater good of the community.

Electric cooperatives, including CKenergy, have a unique and storied place in our country's history. We democratized the American dream by bringing electricity to rural areas when for-profit electric companies determined the effort too costly. Back then, cities were electrified, and rural areas were not, creating the original rural-urban divide. Newly established electric lines helped power economic opportunity in rural

areas. Today, that spirit of equity and inclusion is a vital part of our co-op DNA.

Equal access for all

When our electric co-op was founded, each member contributed an equal share in order to gain access to electricity that benefited individual families as well as the larger local community. Each member had an equal vote in co-op matters. That sense of equity and inclusion is still how we operate today. CKenergy Electric Cooperative was built by and belongs to the diverse communities and consumer-members we serve. Membership is open to everyone in our service territory, regardless of race, religion, age, disability, gender identity, language, political perspective or socioeconomic status.

By virtue of paying your electric bill each month, you're a member of the co-op,

and every member has an equal voice and vote when it comes to co-op governance. This ties back to our guiding principles of equitable economic participation and democratic control of the co-op.

We encourage all members to vote in CKEC's director elections, and we invite all members to participate in co-op meetings to weigh in on discussions that set co-op policies and priorities, such as geo-thermal, community solar and electric vehicle programs.

We know members of our community have different needs and perspectives, and we welcome diverse views on all issues under consideration by the co-op. The more viewpoints we hear, the better we are able to reflect the needs of all corners of our community.

Inclusion

While our top priority is providing safe, reliable and affordable energy, we also want to be a catalyst for good in our community. Because we are your local electric cooperative, co-op revenues stay right here in our community. In turn, we invest in our diverse community base through scholarship programs, charitable giving, educational programs and more. We strive to make long-term decisions that improve and enrich the communities we serve.

While today's world is radically different than it was when electric cooperatives were founded, our cooperative values have stood the test of time and remain just as relevant today. We recognize that today's co-op members expect more, and our pledge to you—the members we proudly serve—is to promote a cooperative culture of inclusion, diversity and equity for all.



PO Box 70 • Binger, Okla. 73009
PO Box 100 • Cordell, Okla. 73632

tele: **(405) 656-2322**
(580) 832-3361

www.ckenergy.coop

OFFICE HOURS:
Monday-Friday,
8:00 am - 5:00 pm.

POWER OUTAGE
HOT LINES
800-868-8243

888-832-3362

BOARD OF TRUSTEES

- Gary Brewster, President
- Jack Sawatzky, Vice President
- Dr. Fred Reuter, Secretary
- John Schaufele
- Mark Slemp
- Robert Travis
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- Glenn Propps
- Don Payne
- John Garland, Attorney
- Clint Pack, CEO

PAYMENT OPTIONS

- Pay online at www.ckenergy.coop
- Pay by phone by calling **405-656-2322**, available 24 hours a day. Visa, Mastercard, Discover, or American Express.
- Pay in person at any of our offices: Binger, Cordell, Mustang, and Anadarko.
- Pay via automatic draft of your checking or savings account. To sign up, please visit www.ckenergy.coop or call **405-656-2322** or **580-832-3361**.
- **Pay through our CKenergy App available for iPhones or Androids.**



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FEBRUARY

Winning CKEC Members

Ginger Baker
Don Scales
Jerry Wade

If your name is listed above, please call us at **405-656-2322** to claim a \$25 credit on your electric bill.



Socialize with us!

Stay up-to-date with your co-op and your community by following us on Facebook, Twitter, Instagram, and SnapChat. Get the latest news on co-op events, services, energy saving tips, and more. During a power outage, stay connected with us for updates on the restoration process.

Questions or comments about your newsletter should be directed to Lisa Willard, Director of Communications, CKenergy, PO Box 100, Cordell, OK 73632, email: editor@ckenergy.coop.

Scholarship Deadline Draws Near

Applications must be completed and turned in by March 8.



CKEC will once again award 12 Senior Scholarships to applicants who satisfy the eligibility requirements. The CKEC Scholarships are in the amount of \$500.00 and are awarded to individuals pursuing a four-year university or college academic degree program or a two-year associate degree or technical institute certificate.

TO ENTER:

Student's Parent(s) or Guardian(s) must be a member in good standing of CKEnergy Electric Cooperative.

Student must complete all required items on the application:

- Application for CKEC Senior Scholarship.
- Minimum of two letters of recommendation.
- Letter from applicant stating why they desire to continue their education.
- Current photograph for use in the Cooperative's monthly publication, "The Buzz."

Completed Senior Scholarship applications are due no later than **5:00 p.m. on Friday, March 8, 2021**. Applications can be mailed to P.O. Box 100, Cordell, OK 73632 or emailed to llward@ckenergy.coop.

Energy Camp 2021

Each year, CKEnergy Electric Cooperative joins Oklahoma Association of Electric Cooperatives and electric cooperatives from across the state in sponsoring the Youth Power Energy Camp at Camp Canyon near Hinton, OK. The camp slated for June 1-4, 2021, is designed to help students develop leadership skills while having lots of fun.

Energy Camp focuses its leadership qualities and learning opportunities on the great outdoors. Campers enjoy a four day stay in the beautiful Canyon Camp area east of Hinton, Oklahoma. Eighth-grade students who are just beginning to understand the need for great leaders are a perfect fit for Energy Camp.

While at the camp, the teens attend sessions on energy, electrical safety and rural electric careers. They also elect their own board of directors and operate a coke and candy cooperative. Other special activities include hands on electrical demonstrations, pole-climbing and bucket truck rides, a ropes course, swimming, an energy battle tournament, and a trip to Celebration Station for video games and go cart rides.

Four students or two teams, will be selected from the submitted essays to represent the cooperative at Energy Camp. CKEC covers all expenses related to the camp including transportation to and from Canyon Camp. Contest details are available at www.ckenergy.coop.

CKEC Youth Programs Since 2016

CKEnergy has awarded 60 Senior Scholarships for a total of \$30,000.00.

Sent 20 high school juniors on the trip-of-a-lifetime to Washington D.C. for Youth Tour.

CKEC has also awarded 40 Youth Tour Finalist scholarships for a total of \$20,000.00.

20 eighth-grade students have been able to attend the cooperative sponsored Energy Camp.



Take Heart: You're the Cure

Mark American Heart Month with prevention tips.



Before you finish reading this article (about 40 seconds), an American will have a stroke. One in four Americans will die from heart disease. Don't be a statistic. Be the cure.

Heart disease, including stroke, is the leading cause of death for men and women in the United States. Oklahoma ranks second in deaths due to cardiovascular disease.

The good news? Heart disease can be prevented when people make

healthy choices and manage their health conditions.

To prevent heart disease and increase awareness of its effects, CKenergy is joining the nation to mark American Heart Month in February.

It all begins with you. By making healthy changes, you can lower your risk of developing heart disease. If you already have heart disease, remember that controlling or preventing risk factors remains important.

Heart Healthy Tips:

- Watch your weight.
- Quit smoking and stay away from secondhand smoke.
- Control your cholesterol and blood pressure.
- Check your blood pressure on a regular basis as it can help you detect early warning signs of heart disease.
- If you drink alcohol, drink in moderation.
- Get active and eat healthy.

*Learn more at
yourethecure.org or
www.heart.org.*

Nearly 800,000 Americans die each year from heart disease and stroke. Most of the major risk factors can be managed or prevented.

Risk factors and solutions for managing them



High blood pressure – Make control your goal.



High cholesterol – Work with your doctor on a treatment plan to manage your cholesterol.



Diabetes – Work with your doctor on a treatment plan to manage your diabetes.



Tobacco use – If you don't smoke, don't start. If you do smoke get help to quit.



Unhealthy diet – Eat a healthy diet, low in sodium and trans fats and high in fresh fruits and vegetables.



Physical inactivity – The Surgeon General recommends adults engage in moderate-intensity exercise for 2 hours and 30 minutes every week.



Obesity – Work to maintain a healthy weight.



Youth Tour Contest Open to High School Juniors

Youth Tour contest is probably CKEC's most anticipated youth program. It is open to any high school junior who attends a school within CKEnergy's service territory. It offers high school juniors a week-long, all-expenses-paid educational trip to Washington, D.C. in June of each year. Four students travel with the Oklahoma delegation to our nation's capital where they tour historic sites and national landmarks, meet Oklahoma's congressional delegation and much more.

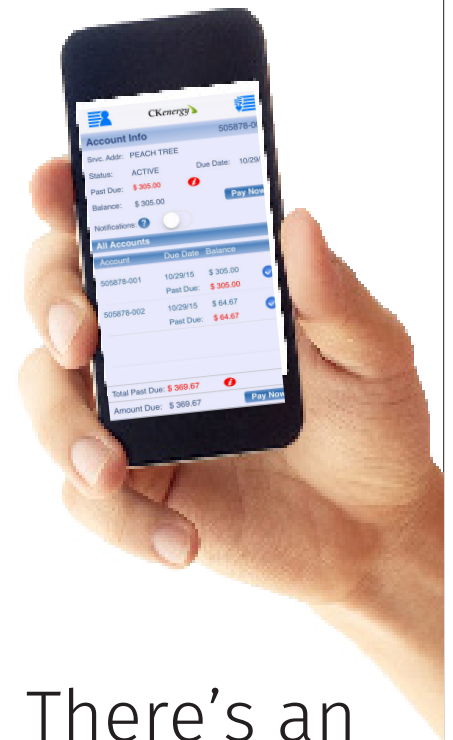
Currently, the youth tour trip is scheduled for June 18-24, 2021. The safety of all involved remains our top priority, and CKEC will follow the guidance of the Oklahoma Association of Electric Cooperatives (OAEC) and the National Rural Electric Cooperative Association (NRECA) to determine if the trip

will occur. If OAEC and/or NRECA deems the trip unsafe because of air travel and close proximity to others, CKEC youth tour winners will receive \$1,000 scholarship and an iPad. The runners up will each receive a \$500 scholarship.

Contest Requirements

- * Students must currently be a high school junior attending a school in CKEC's service territory.
- * Contestants are required to write and present a letter of 500-750 words in length.
- * Eight finalists will be selected to submit a video of the letter in speech form.
- * Deadline for entry is February 19.

View, Pay,
Create,
Update,
Alert,
Report,
Send &
Receive?



There's an
app for that.

Look for the CKEnergy EC app on
Google Play or the App Store.



Plunging temps cause higher bills

Heating systems battle to maintain comfort during cold spells

Everyone likes the idea of paying less for utility bills, but resolving to use less energy requires a commitment.

With winter in full swing, now is the perfect time to make energy efficiency a priority in your home.

For some CKenergy members, winter heating costs can be higher than summer cooling costs. That's because the laws of nature dictate how heat behaves on Earth. Remember, heat moves to cool.

On a cold winter day, the heat generated by a heating source is moving through building materials, cracks around doors and windows, unsealed holes created by electrical and plumbing installations, and poorly installed and inadequate insulation.

Futhermore, winter usually doles out a larger temperature difference between the indoor thermostat setting and the outdoor temperature. The greater that temperature difference, the more energy is required to

maintain the desired temperature inside your home.

So how do you know if your home is energy efficient? Here's a simple way to find out, based on your average monthly utility usage. Simply multiply the square footage of your home by 10 cents. For instance, a 1,500-square-foot home multiplied by 10 cents (.10) equals \$150.00. A 2,000-square-foot home multiplied by 10 (.10) cents equals \$200. And so on.

Next, calculate your total electric bills for a one-year period. If you heat with natural gas or propane, be sure to add those bills into the total.

Next divide the total by 12 months to establish your monthly average. If your monthly average exceeds the square-footage multiplied by 10 (.10) cents calculation, you could probably benefit from some energy efficient improvements.

You can find more energy saving tips at www.CKenergy.coop.

Remember to Update Your Info



At various times and for various reasons, CKEC may need to contact our members. The information that you provide is our source of contact. If that information is incorrect—for example your phone number has changed or you no longer use your post office box, etc.- we have no way of knowing unless you make us aware of the change. If you call in your information, please be prepared to confirm your identity. Also, a correct phone number could be the means of avoiding disconnection of service.

A correct address will help to ensure that you receive your bill. A forwarding address if you move off CKEC lines will help to ensure that you receive your final bill, your deposit and/or membership refund check, if applicable, as well as your capital credit checks when the time comes.

Did not receive your bill?

Remember that failure to receive your bill in no way relieves you, the member, from paying it. If you do not receive your bill, contact the office billing department before the due date at (405) 656-2322.

Energy Efficiency Tip of the Month



Use wool or rubber dryer balls in the clothes dryer to reduce drying time and static. Wool dryer balls can also absorb extra moisture. These are an efficient alternative to dryer sheets, which can create buildup on the dryer's filter and reduce air circulation. If you prefer dryer sheets, scrub the filter once a month to remove buildup. Source: energy.gov

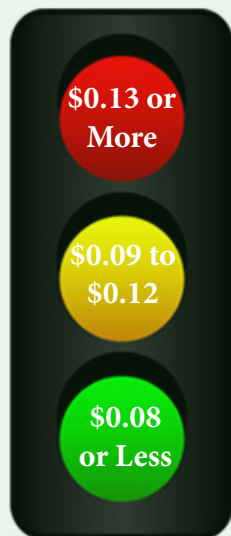
How to Estimate Your Home's Energy Efficiency

To estimate your home's energy efficiency, take your average electric bill and divide it by the square footage of your home. For example, an 1,800 square-foot home with a \$260 electric bill will cost \$0.14 per square foot. *

$$\frac{\$260}{1,800 \text{ sq. ft.}} = \$0.14/\text{sq. ft.}$$

This home would benefit from some energy saving improvements. Calculate your home's cost per square-foot and see how it ranks on the scale to the right.

**Calculations are based on an all-electric home without a pool or hot tub.*



Needs Improvement

Could Be Improved

Energy Efficient

Automotive

Four new tires with hubs and caps with spare. Size 14. \$150. 405-394-8867.

1940 Ford convertible restored. Original drive train. New upholstery and top. New paint and tires. 580-331-7304.

1992 Cadillac Allante 69,900 miles. Pearl white with black convertible top. Tan seats. Excellent condition. One owner. Call for details and photos. 405-250-5396.

193,000 miles. Good solid car starts and runs great. \$1,000 405-315-0328.

Farm/ Equipment

6' Gannon bo glade with hydraulic rippers. 405-834-4326.

1941 John Deere, 1939 John Deere. Both restored. Spoke wheels and new tires. Original. \$7500 both. 405-834-0825.

Livestock/Pets

Gentle, genetic superior bulls. Easy calving, more growth and muscle. Make money with Kusel Limousin bulls. Call John, 580-759-6038.

Red angus bulls, service age, gentle,

Swap 'N Shop

For Sale or Trade

Note: CKEC does not endorse or guarantee any of the products or services in these ads.

several A.I. sired. Call or text 580-450-1735.

Four year old red angus bull. Leave message. 580-919-5490.

Business

Mooters water well serivces, water well drilling, pump installs, agriculture, residential and irrigation. 405-668-0213 or 405-668-2336.

Mooters hay and cattle hauling. 405-668-0213 Dirt work, land clearing, stumps, ponds. Fletchers backhoe. 405-519-2718.

Parking lot maintenance, crack ,asphalt sealing overlay, potholes, striping and signage. 405-245-6759.

Cooks Septic Service. Septic tank pumping and insecptions. 580-550-0545.

Mainstreet 420 Shop. Medical cannabis. 405-687-5004.

Mainstreet 420 Shop. 417 W. Main, Binger. Mon.-Sat. 11 a.m. - 7 p.m. and Sun. 1 p.m.-7 p.m. 405-687-5004.

Heavy haul of tractor dozers. backhoes, loaders, etc. 20 years of experience. 405-395-7758.

Liner replacement for semi end dump trailers. 405-638-1158.

Award winning decks, pergolas, outdoor kitchens, firepits, outdoor fireplaces, cedar fense. Design. Free estimates. 405-834-3411

Miscellaneous

Polaris 570 Sportsman Accessoies. Gun boot/bracket \$75. Towable cover \$80. Cargo box \$125. New tires. \$200. 405-501-1670.

Fresh peanuts. Many varieties. Pecans, peanut brittle. Great Christmas gifts. 580-515-5821. www.gooberhouse.com

Heavy duty fire pits. Built out of propane tank ends. Free standing. 580-819-0695.

Swap 'N Shop Ads are continued on page 8

You may submit classified ads, businesses, or services to Swap 'N Shop, P.O. Box 100, Cordell, OK 73632, ads@ckenergy.coop, or fax to 580-832-5174. One ad per member unless there is additional space available.

Circle category:

Autos Farm/Equip Furn/Apl Hay/Wood Livestock/Pets Misc
Real Estate Wanted-Notices Business

Name: _____

Address: _____

Phone # _____

CKEC Acct # _____

Swap 'N Shop is a classified advertisement service that we provide to our members at no cost.

- Members are able to submit written ads through the mail, fax, drop off, or by email.
- Ads are **NOT** taken over the phone.
- Ads need to be received by the 5th of each month to appear in the next month's issue.
- Ad space is limited to a 25 word maximum. **ONE** ad per member.
- Contact the editor at 580-832-3361 for information about availability of ad space.
- CKEC reserves the right to reject any ad deemed inappropriate.
- Ads will automatically run for 2 months, additional run time must be requested **before** the 5th of the month.

Reclining living room set from Bob Mills. One year old. Excellent condition. No animals or kids on them. Blue gray color. Will sell couch and loveseat separate. \$1500. 405-256-0270

Inogen one porable oxygen conentrator with two double batteries, carry bag, all manual and plugs. less than one year old. \$1595. 405-659-9737.

Jeans and pants hemming and minor alterations. Tuxes, accessory sales and rentals. Settle Studio. 405-247-5142.

Silver parade, saddle, bridle, and chest strap. Black-cement. 817-229-5663.

Real Estate

Country living, close to town-3600sq' metal barn home, log cabin style w/ approx. 2100sq' wrap around porch on 3 sides. 3bd/2ba, office 23' ceilings in living room. Sits on 40 acres. Comes with 30x60 metal barn w/ lean to, insulated with living quarters, in ground cellar. 20 KW generator. Located 1/2 mile S of Burns Flat golf course. 580-799-7369.

5 acre tract of land,, timber wild life. Water available. Minco school district. Located on 2750 County Street in Caddo county line west of Minco. Show by appt. only. Financing available. 405-574-2980.

For Rent: 2bd/2ba north side of lake. \$500/month, \$00 deposit. No pets. 580-302-3051.

Country Living: 3bd south of Binger. 580-302-3051. No pets. \$600/month, \$500 deposit.

FOR RENT: Foss Lake, house weekends or weekly. 5bd/2 1/2ba for party barn, great for reunions, both cool, fully equipped. 580-214-0178. www.bigretreat.com.

43 acres mol, Minco. Goregeous 4,025 sq. ft. home, Geothermal HVAC, inground pool, shelter, 50x50 barn, gated entrance. Call Diane Denison, 405-919-7457.

For Rent: Vacation Cabins at Foss Lake. Quiet neighborhood, no smoking, no pets. 580-515-6452.

Vacation Rental Cabin. Fort Cobb Lake, right on the edge of the water. Room to park boat and trailer. 580-243-8697.

House for Sale: 904 N Broadway Avenue, Hydro, Oklahoma. 1650 sq. ft. 3bd/2ba, all electric. Wood burning fireplace, 10 ft. ceiling in living room, large walk-in closets, bay windows in dining room look out onto a a beautiful shaded, fenced in back yard. Cellar on patio, large storage building. Corner lot with mature trees and a garden spot. Asking \$180,000. 580-816-0293.

Want to run your own business? Roger Mills County's only newspaper is for sale! Thriving business with proven success. Be your own boss.

For Rent: 2 lg bd, lg kitchen, living room, den, 1/2ba, washroom, alarm & internet, carport. No Pets. \$600/mo. 580-302-3051.

For Rent: small 2bd/1ba, \$400/mo, \$300

dep. South Side Ft. Cobb Lake. 580-302-3051.

Vacation cabin rental. Great for hunting, fishing at Ft. Cobb lake. Room for trailer and boat. Next to water. 580-243-8697.

20 acres (mol) with large custom home and barns. Private and secluded. www.goldbucklerealty.com 580-330-9090

Events

Clinton Country Jamboree: Showtime 7:00 p.m. 1st Saturday every month. Admission \$10.00. Concession available. Family Entertainment. I-40 ext 71, Clinton, OK. 580-331-8377.

Valentine's Rice Krispies

Ingredients:

3 Tbsp. butter
1 pkg. (10 oz.) Jet-puffed marshmallows
8 drop red food coloring
6 cups Kellogg's rice krispies cereal
assorted decorating icing



Directions:

Melt butter in large suacepan on low heat. Add marshmallows; cook until marshmallows are completely melted and mixture is well blended, stirring constantly. Remove from heat. Add food coloring; mix well.

Add cereal; mix well. Press onto bottom of 15x10x1-inch pan sprayed with cooking spray. Cool completey.

Cut into heart shapes with greased 4-inch cookie cutter. Decorate with icing as desired.