

You're More Than a Customer



Author Anthony J. D'Angelo observed that, "Without a sense of caring, there can be no sense of community."

To a large degree, this reflects CKenergy's philosophy toward our consumer-members and the broader service territory that we serve. As a cooperative, we have a different "bottom line." While our priority is always to provide reliable and safe energy, there is another equally important part of this equation. Your well-being and that of the larger community that we serve are of paramount concern.

To us, you are not just a customer; you are a member of our co-op and without you, we would not exist.

In the 1930's CKenergy's parent cooperatives, Caddo & Kiwash Electric, were founded to fulfill a vital need in their respective communities that would not have otherwise been met. Concerned local leaders came together to build these co-ops and bring electricity where there was none. In 2016, through a concerted effort, Caddo & Kiwash came together to create CKenergy to continue providing electricity to parts of rural and suburban Oklahoma.

At that time, members of the community understood we were different because they likely knew someone who helped to create either cooperative. For most people, our founding and its circumstances have been long forgotten. Over time, folks in the community may have come to think

of us as simply another energy provider. But we are not. We are a co-op that is constantly evolving to meet the needs of the communities we serve, and we are able to do this because of members like you.

We strive to find new ways to help you use energy more efficiently. We're always looking to explore more options that will help you manage your energy use such as our Geothermal program, we also provide helpful tools such as our mobile app. The app helps you monitor your usage, report outages, is another way to pay your bill, and so much more. In short, we are always seeking to keep pace with the changing energy environment, evolving technology and shifting consumer expectations.

CKenergy members help guide important co-op decisions that improve and enrich the community. We value the perspective of our board members, who are members of the co-op and community – just like you.

As a local business, we have a stake in the community. That's why we support local charitable organizations such as Lion's Clubs or local Rotary organizations, church food pantries, toy drives, and through our programs like Operation Round Up. When you support these efforts, you are supporting the community and making it a better place for everyone.

While the times may have changed, our mission and outlook have not. We view our role as a catalyst for good. Working together, we can accomplish great things for our community now and in the future.



PO Box 70 • Binger, Okla. 73009
PO Box 100 • Cordell, Okla. 73632

tele: **(405) 656-2322**
(580) 832-3361

www.ckenergy.coop

OFFICE HOURS:
Monday-Friday,
8:00 am - 5:00 pm.

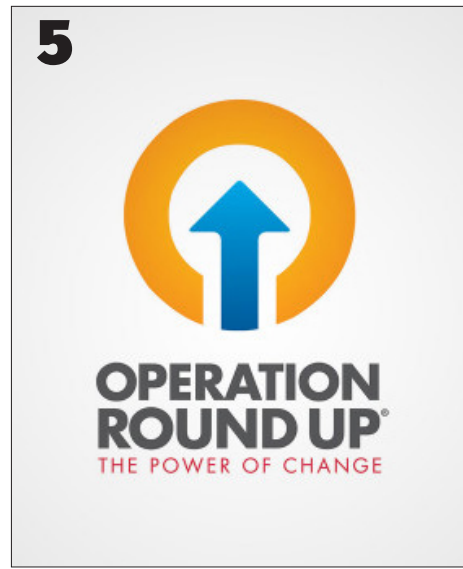
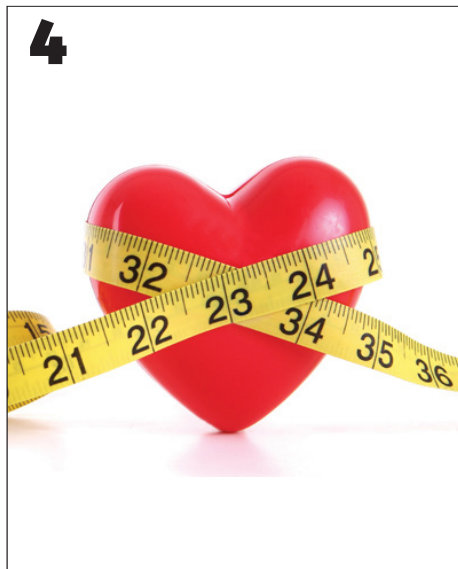
POWER OUTAGE
HOT LINES
800-868-8243
888-832-3362

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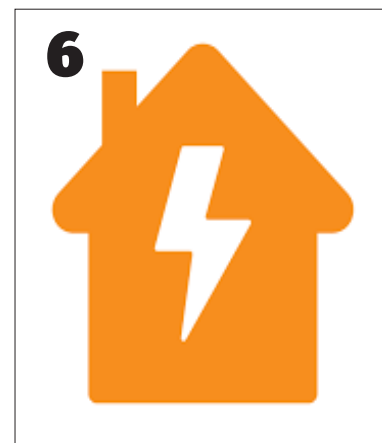
PAYMENT OPTIONS

- Pay online at www.ckenergy.coop
- Pay by phone by calling **405-656-2322**, available 24 hours a day. Visa, Mastercard, Discover, or American Express.
- Pay in person at any of our offices: Binger, Cordell, Mustang, and Anadarko.
- Pay via automatic draft of your checking or savings account. To sign up, please visit www.ckenergy.coop or call **405-656-2322** or **580-832-3361**.
- **Pay through our CKenergy App available for iPhones or Androids.**



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FEBRUARY

Winning CKEC Members

Larry Kibbe
Mark R Mulanax
Joe Bill Celsor

If your name is listed above, please call us at **405-656-2322** to claim a \$25 credit on your electric bill.



Socialize with us!

Stay up-to-date with your co-op and your community by following us on Facebook, Twitter, Instagram, and SnapChat. Get the latest news on co-op events, services, energy saving tips, and more. During a power outage, stay connected with us for updates on the restoration process.

Questions or comments about your newsletter should be directed to Devin Whittington, Communications Specialist, CKenergy, PO Box 70, Binger, OK 73009, email: editor@ckenergy.coop.

Scholarship Deadline Draws Near

Applications must be completed and turned in by March 1.



CKEC will once again award 12 Senior Scholarships to applicants who satisfy the eligibility requirements. The CKEC Scholarships are in the amount of \$500.00 and are awarded to individuals pursuing a four-year university or college academic degree program or a two-year associate degree or technical institute certificate program.

TO ENTER:

Student's Parent(s) or Guardian(s) must be a member in good standing of CKenergy Electric Co-op.

Student must complete all required items on the application:

- Application for CKEC Senior Scholarship.
- Minimum of 2 letters of recommendation.
- Letter from applicant stating why they desire to continue their education.
- Current photograph for use in the Cooperative's monthly publication, "The Buzz."

Completed Senior Scholarship applications are due no later than **5:00 p.m. on Friday, March 1, 2019**. Applications can be mailed to P.O. Box 100, Cordell, OK 73632 or emailed to llwillard@ckenergy.coop.

Energy Camp 2019

Each year, CKenergy Electric Cooperative joins Oklahoma Association of Electric Cooperatives and electric cooperatives from across the state in sponsoring the Youth Power Energy Camp at Camp Canyon near Hinton, OK. The camp slated for May 29- 31, 2019, is designed to help students develop leadership skills while having lots of fun.

Energy Camp focuses its leadership qualities and learning opportunities on the great outdoors. Campers enjoy a four day stay in the beautiful Canyon Camp area east of Hinton, Oklahoma. Eighth-grade students who are just beginning to understand the need for great leaders are a perfect fit for Energy Camp.

While at the camp, the teens attend

sessions on energy, electrical safety and rural electric careers. They also elect their own board of directors and operate a coke and candy cooperative. Other special activities include hands on electrical demonstrations, pole-climbing and bucket truck rides, a ropes course, swimming, an energy battle tournament, and a trip to Celebration Station for video games and go cart rides.

Four students or two teams, will be selected from the submitted essays to represent the cooperative at Energy Camp. CKEC covers all expenses related to the camp including transportation to and from Canyon Camp. Contest details are available at www.ckenergy.coop or by calling 405-656-2322.

CKEC Youth Programs Since 2016-

CKenergy has awarded 34 Senior Scholarships for a total of \$17,000.00.

Sent 12 high school juniors on the trip-of-a-lifetime to Washington D.C. for Youth Tour.

CKEC has also awarded 24 Youth Tour Finalist scholarships for a total of \$12,000.00.

11 eighth-grade students have been able to attend the cooperative sponsored Energy Camp.



Take Heart: You're the Cure

Mark American Heart Month with prevention tips.



Before you finish reading this article (about 40 seconds), an American will have a stroke. One in four Americans will die from heart disease. Don't be a statistic. Be the cure.

Heart disease, including stroke, is the leading cause of death for men and women in the United States. Oklahoma ranks second in deaths due to cardiovascular disease.

The good news? Heart disease can be prevented when people make healthy

choices and manage their health conditions.

To prevent heart disease and increase awareness of its effects, CKenergy is joining the nation to mark American Heart Month in February.

It all begins with you. By making healthy changes, you can lower your risk of developing heart disease. If you already have heart disease, remember that controlling or preventing risk factors remains important.

Heart Healthy Tips:

- Watch your weight.
- Quit smoking and stay away from secondhand smoke.
- Control your cholesterol and blood pressure.
- Check your blood pressure on a regular basis as it can help you detect early warning signs of heart disease.
- If you drink alcohol, drink in moderation.
- Get active and eat healthy.

Learn more at yourethecure.org or www.heart.org.

Nearly 800,000 Americans die each year from heart disease and stroke. Most of the major risk factors can be managed or prevented.

Risk factors and solutions for managing them



High blood pressure – Make control your goal.



High cholesterol – Work with your doctor on a treatment plan to manage your cholesterol.



Diabetes – Work with your doctor on a treatment plan to manage your diabetes.



Tobacco use – If you don't smoke, don't start. If you do smoke get help to quit.



Unhealthy diet – Eat a healthy diet, low in sodium and trans fats and high in fresh fruits and vegetables.



Physical inactivity – The Surgeon General recommends adults engage in moderate-intensity exercise for 2 hours and 30 minutes every week.



Obesity – Work to maintain a healthy weight.

The power of Operation RoundUp

Learn how your small change can make a big difference



Operation Round Up helps groups, like Carnegie Elementary, purchase tablets and charging stations for their classrooms. Pictured are staff members of Carnegie Elementary and CKEC representative Devin Whittington.

It started as a simple idea 27 years ago at one co-op in South Carolina. Just round up the co-op member's electric bill to the next dollar, and then use it to do good work in your community. Today, hundreds of electric co-ops throughout the country, including CKEnergy, use this idea to help members and organizations close to home.

All co-ops adhere to the seven cooperative principles, including "Concern for Community." The Operation Roundup program is the perfect embodiment of this core principle. The average co-op member donates \$6 with a maximum possible contribution of \$11.88 per year. This may not seem like a large amount, but when combined with thousands of participants it adds up to make a significant impact.

Each co-op decides how they want to

operate the program, and the vast majority is governed by a board of volunteers that is different from the board of directors for the electric co-op. This ensures that the decisions are made in the best interest of the community.

The program is always voluntary, and at any time, members can change their minds about participating. Once folks see the good work the program does in their community, they almost always keep contributing.

Over the years, millions of dollars have been collected and distributed for a wide range of activities. This can include helping a family in need after a house fire. Assisting the local food pantry. Providing funds so that the local fire department can get a needed piece of equipment. Or

Operation RoundUp, in summary:

- Round up your monthly electric bill to the nearest dollar.
- Contributions will range from \$0.01 to \$0.99 per month.
- Your contributions, pooled with those made by fellow Cooperative members, will help fund charitable projects in the community.
- You can cancel or resume participation at any time.

dozens of other humanitarian efforts that bring electric co-ops even closer to the communities we serve.

While each co-op must respond to the needs of its members, one of the great attributes of co-ops across the country – and the world – is their willingness to share information about the programs that have been successful. Operation Roundup is a perfect example of that cooperative spirit.

CKEnergy is pleased to offer Operation Roundup. We will continue to "borrow" ideas from other co-ops and welcome your participation. Please share with us additional activities we should explore to serve you and your neighbors. Contact our Member Services Department at 405-656-2322 for more information.

Who's on first?

How utilities restore power after an outage.

When your power goes off there's only one thing you really want—your power back on! Maybe there's a tree in the line leading to your house, or maybe you saw lightning hit your transformer. You're thinking "Why don't the co-op linemen just come out and fix the problem?" But it doesn't work that way. Down the line there may be other problems that must be fixed before your power is restored. Just like putting a puzzle together, there is a natural sequence to repairing outage problems.

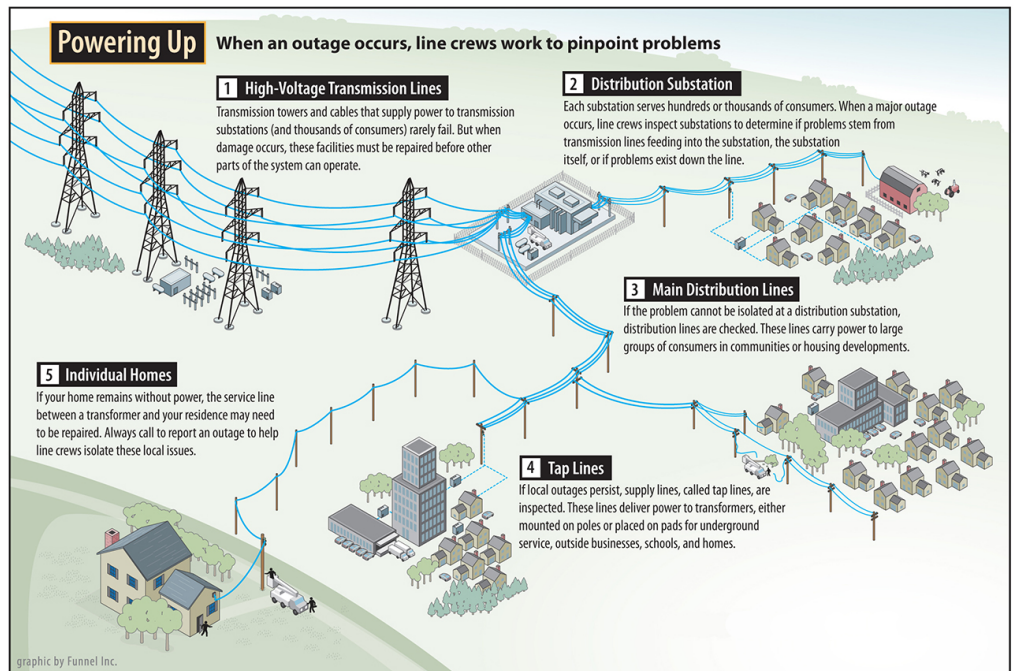
In the wake of a storm, restoring electricity is often a complicated process. The damage done by wind, ice, and other bad weather usually occurs at several points in the distribution system. The idea is to get the power back on for everyone in the most efficient and safest manner.

In the office, dispatchers and operations personnel assess the damage and determine which crews, and how many crews, need to be dispatched.

If we are aware of a public safety problem—such as wires blocking roads or live wires on the ground—we send our crews to those locations first.

The first location line crews check is the substation. A substation is the power source for a particular geographic area. Sometimes service to several hundred or thousand customers can be restored immediately by replacing a fuse on a substation transformer.

The linemen work their way out along the main distribution line running from the substation. These are the lines you see along the roadways with threewires resting on a cross arm. These are the main arteries of our systems. Main feeder lines must be repaired before working on tap lines and individual



When electricity goes out, most of us expect power will be restored within a few hours. But when a major storm causes widespread damage, longer outages may result. Co-op line crews work long, hard hours to restore service safely to the greatest number of consumers in the shortest time possible. Here's what's going on if you find yourself in the dark.

services. Fixing the individual home problems is useless if the main line is dead. No electricity would flow into the house and other consumers would be without power longer.

The diagram above shows the progression of restoring power. After checking and repairing any problems at the substation, the next step is repairing the main distribution line between the substation and the outage location.

There are many variables that can determine the order in which power is restored. For example, a single phase distribution line that runs from a factory may have a fuse that cuts power to the other locations down the line. At one of these locations, perhaps a tree must be removed so the fuse can be reset, which would restore service to the factory. Maybe the last home on the line has damage on

the line leading directly to the house. Repairing the damage to that home first would not restore their electric service and it would only delay the restoration of service to many other members.

The next time your power is out and you see the line crew drive by, please remember they've got to restore service elsewhere first, so that your service can be restored. It may not seem like it, but there is a predetermined plan to restoring service to the largest number of members in the quickest time possible.

Automotive

I buy junk cars & farm equipment.
405-641-3344.

'06 Jeep Liberty Sport- 4x4, new bat, tires.
Very clean. Call Henry 580-550-1671.

'83 Ford pickup long bed, 6 cyl w/ camper.
Standard over drive trans. \$1,700 OBO.
Candy Coco Electric Car. New battery,
street legal. \$3,000 OBO. 405-590-4354.

'59 Chevy PU, fleetside long bed, 6 cyl-
3speed. 84,000 miles. Good paint, interior,
glass, & rubber. No dents. \$5,500 or trade.
580-331-7304.

Farm/ Equipment

Marrow's Tractor Tire Repair, Sales, & Service
405-668-0248

John Deere 855, turf tires good, no
transmission, everything else is quality
parts. Motor runs clean & nice with a
battery. \$500 firm. 580-530-0593.

WANTED: Used 6'-8' disc harrow. Three
point hookup preferred, but would consider
pull type up to 10' width. 405-250-5396.

Livestock/Pets

Genetic superior bulls for more profit!
more profit! Low birth wts like angus but
more muscle, growth, & better dispositions.
\$2,200- \$2,800. John Kusel Limousins. 580-
759-6038. Rebates & Delivery.

Swap 'N Shop

For Sale or Trade

*Note: CKEC does not endorse or guarantee any of the
products or services in these ads.*

Red Angus bull for sale. Coming 5yrs old
this spring. Registered, throws nice calves.
405-284-6984 or 405-517-5361.

2 year old Bison bulls for sale. \$3.00 per
pound. 405-623-5400.

Business

Hooked on Antiques, 209 W Main, Binger.
Wed. 9:30 a.m- 5 p.m. Thurs. 9 a.m.- 4:30
p.m. Call 405-202-6563 for more info and
additional open days.

Jeans & pants hemming & minor
alterations. Tuxes & accessories
sales & rentals. Settle Studio. Call for
appointment. 405-247-5142.

Gardner Piano Service- Tuning & Repair.
Western Oklahoma. 580-254-0817 or 580-
799-4485.

Fresh Peanuts, Pecans and Peanut Brittle.
Spanish, Honey Roasted, Cocktail, Hot
& Spicy, Hunters Mix and roasted and
salted in the shell. Carnegie office:
580-654-1175 Mary Howell 580-515-5821.
www.gooberhouse.com

Loud Mountain Trading Co., downtown
Cement, OK. Thur-Fri 10-6, Sat 9-3.
OK made items. Decor & Gifts.
LoudMountainTradingCo.com

Hay/ Wood

Seasoned split Oak firewood- 20" cut. In
Anadarko, \$85.00 per rick. Delivery will be
extra. 405-638-1158.

Seasoned firewood- Black Locust, Walnut,
& any other types of firewood. Call Keith,
580-660-0402.

Small square bales of wheat straw. Great for fall
decorating and bedding. \$5 ea. 580-515-3030.

85 Round Bales. Hay Grazer, high nitrate
analysis. Do not feed to livestock. Use for
ground cover, mulch, or you name it. Not
responsible for usage. 405-650-4784.

Miscellaneous

Franciscan Ware, made in California,
USA. Swirl pattern, 3 colors, 69 pieces.
405-542-7468.

Dearbon Room Heater. 45,000 BTU, free
standing, vented. \$50, Union City, OK.
405-483-5501

Five pairs of size 42x32 Wrangler FR
jeans. Brand new, tags still on. Cost
\$69.99, will take \$50/ea or \$200 for all
five. 405-489-3370.

Swap 'N Shop Ads are continued on page 8

Swap 'N Shop is a classified
advertisement service that we
provide to our members at no cost.

- Members are able to submit written ads through the mail, fax, drop off, or by email.
- Ads are **NOT** taken over the phone.
- Ads need to be received by the 10th of each month to appear in the next month's issue.
- Ad space is limited to a 25 word maximum. **ONE** ad per member.
- Contact the editor at 405-656-2322 for information about availability of ad space.
- CKEC reserves the right to reject any ad deemed inappropriate.
- Ads will automatically run for 2 months, additional run time must be requested **before** the 10th of the month.

You may submit classified ads, businesses, or services to Swap 'N Shop, P.O. Box 70, Binger, OK 73009, ads@ckenergy.coop, or fax to 405-656-2912. One ad per member unless there is additional space available.

Circle category:

Autos Farm/Equip Furn/Appl Hay/Wood Livestock/Pets Misc
Real Estate Wanted-Notices Business

Name: _____

Address: _____

Phone # _____

CKEC Acct # _____

Real Estate

Beautiful home in Eakly. 3 bd, 1 ba, 2 living rooms. New carpet & tile throughout plus a new stove. Move in ready. Large back yard & a 2 car carport. \$43,900. 405-627-4176.

Grandad's Hideout (Trailer Park) in Butler. 16 working hook-ups with 30 to 50 amp electric. 580-214-1731 or 580-664-3921.

3 bed, 1 bath, home for sale in Eakly. Attached garage & extra lot. Call Eagle Realty at 580-772-8300 to make an offer!

2 story house on one acre, 2 1/2 car detached garage, 3.5 miles west of Bessie. \$35,000. 903-783-1146.

Fort Cobb Lake Lots- Crow's Roost area. 3 lots recently cleared & levelled off. 192' wide x 120' deep, 2 water wells., & septic. 405-694-0625.

FOR RENT: Quiet, country living north of Weatherford. 2 bd/ 2 ba apartments with all appliances including washer & dryer. Horse facilities available. \$900/mo, \$50/horse. FMI call 580-772-4855.

70 acres, surface only, 1 mile west of Lookeba on Sickles Rd. 405-495-1658.

For Rent- At Foss Lake. Large house and/or party barn. All amenities. 580-323-1975.

230 Acres For Sale. 2 domestic water wells, 10+ acre lake, fenced/cross fenced, some cultivation, sod runway, wi-fi tower producing income. For more information contact: donna@rsok.net.

Weekend Mancave Rainbow Lake between Minco & Binger. Secluded wooded lot, your own shooting range, 40 foot trailer. See on craigslist under vac rentals. Must sell. \$8,000.00 or trade. 405-801-2968 or 405-248-6917.

2 homes in Clinton- ready for new owners! 1500 Redstone & 620 S 11th. Priced to sell. Call Remax Gold Buckle Realty. 580-330-9090 or www.goldbucklerealty.com

Reduced! 3 bed, 2 bath remolded home with new sunroom, patio, roof, fence, appliances. Great location with country view on XL lot. Finished basement. \$189,900. 130 W. Quail, Cordell. 940-395-1370.

For rent: 2bd/ 1.5 ba. \$850/mo. \$850 deposit. Application fee, proof of income, references required. No pets/smoking. No utilities. Leave msg. 405-823-4819. Minco.

2005 Clayton/Cheyenne Mobile Home. 16x60- 2 bed, 2 bath with open floor plan.

Total electric. Central heat/air. NADA value is \$18,099.12. For sale \$16,500. Needs to be moved to your land. 405-694-0625.

80 acres, surface only, cultivated. 6.1 miles east of Roosevelt, OK, Kiowa county. 580-726-3825.

3 bedroom, living room, dining room, kitchen, den, laundry room, & one bathroom, with garage. Almost 2 acres. Fort Cobb, OK. 405-933-3454.

For Rent: Cabin to rent right on edge of Ft. Cobb lake. Sleeps 7, everything you need. Room to park boat and trailer. 580-243-8697 or 405-643-2152.

Nice rural home 3bd/2ba, C/H&A, 2 car garage, storage shed. SE of Colony, OK. \$139,000. Call 405-777-3156.

Beautiful Cordell 3 bed, 2 bath home. Living/dining room, utility, new sunroom, basement, new crown molding, roof, fence, appliances, HVAC. Updated throughout. 940-395-1370.

FOR RENT: Cabin right at the edge of Ft. Cobb Lake on the water. Will sleep up to seve. Room to park boat & trailer. Everything you need. Call or text 580-243-8697.

Water meter for use in Comanche County Rural Water District #2. \$1,500. 580-550-0334.

Apartment/duplex (2 cabins) located on 1.625 acres, both 2 bed, 1 bath that could be converted to 4 bed and two baths. Near Ft. Cobb Lake. Close to Sunset Cove Marina. Stained concrete floors. Fully furnished. Fantastic condition and new metal roof. Newly built 2008 on the North Lake Estates. All electric w/ water well. \$122,900. 580-772-0606.

Wanted

Hardworking team members that want to make real estate a full time career- ask me how to become a realtor. www.goldbucklerealty.com. 580-330-9090.

Events

Clinton Country Jamboree: Showtime 7:00 p.m. Country & Western 1st and 3rd Saturday every month. All Gospel 5th Saturday. Admission \$9.00. Concession available. Family Entertainment. 1-40 ext 71, Clinton, OK. 580-331-8377.

CHOCOLATE LOVERS: Don't miss the Chocolate Festival, March 8, 2019. 6:00 p.m.- 8:00 p.m. 10 treats for \$10! Pay at the door or call 405-376-2226 for tickets.

Crispy Hasselback Potatoes

Ingredients:

3 pounds Yukon Gold Potatoes
2 Tablespoons Olive Oil
Salt And Pepper, to taste
FOR THE JALAPENO CILANTRO SAUCE:
1 cup Packed Cilantro Leaves
1/2 cup Low-fat Mayonnaise
1/4 cup Water
2 Tablespoons Lemon Juice
4 cloves Garlic
1 Jalapeño, Seeded
1/2 teaspoon Salt
1/4 teaspoon Ground Black Pepper

Directions:

Preheat oven to 450°F. Line a large rimmed baking sheet with parchment paper or foil. Cut each potato into 1/8-inch slices, taking care not the slice the potato all the way through the bottom. As you slice, leave a 1/2-inch base at the bottom of each potato to hold the potatoes together. Set potatoes on the baking sheet and drizzle the tops with olive oil. Roll potatoes around to coat in oil, then turn them cut-side-up. Squeeze the sides of each potato to open the cuts in the potatoes so the oil works its way down in between each slice. Sprinkle tops generously with salt and pepper. Bake for 45-60 minutes (depending on the size of the potatoes) until slices are crispy and slightly separated, and the base of each potato is soft. Meanwhile, place cilantro, mayonnaise, water, lemon juice, garlic, jalapeno, salt, and ground black pepper in the bowl of a food processor. Puree until very smooth.

