

Reminder:

Youth Tour applications are due by 5:00 p.m. Friday, February 9, 2018.

February 2018 A Supplement to Oklahoma Living

Be on the look out for scams



nfortunately, in today's world, scams are inevitable. Scammers can threaten you with everything from legal action involving the IRS to turning off power to your home.

Utility scams often involve an individual or group posing as an employee of your electric cooperative. The scammer may use threatening language in order to frighten you into offering your credit card or bank account information. Don't fall victim to these types of scams. Understand the threats posed and your best course of action:

If someone calls your home or cell phone demanding you pay your electric bill immediately, gather as much information as you can from that individual, hang-up the phone and contact the local authorities. Scammers often use threats and urgency to pressure you into giving them your bank account number or loading a pre-paid credit or debit card (such as a Green Dot card). If you have any doubts about your utility

bill, contact our member payment center either in person, or over the phone at 405-656-2322.

o If someone comes to your home claiming to be an employee of CKenergy that needs to collect money or inspect parts of your property, call us to verify they are, in fact, an employee. If they are not, call local authorities for assistance and do not let the individual into your home.

There are other types of scams consumers should watch out for:

- Government agencies like the IRS will never call to inform you that you have unpaid taxes or other liens against you. You will always receive this type of information in the mail. If someone calls claiming to be the IRS, hang-up immediately.
- If you receive an email from an unknown sender; an email riddled

with spelling errors and typos; or an email threatening action unless a sum of money is paid, do not click any links provided within the email, and do not respond to the email. Simply delete the email, or send it to your spam folder.

 If someone calls your home claiming to have discovered a virus on your computer, hang-up. This caller's intent is to access personal information you may be keeping on your computer.

CKenergy wants to make sure you avoid any and all types of scams that could put you or your financial information in jeopardy. If you have any questions or would like more information about how you can protect yourself from scammers, call us at 405-656-2322.



Here are some tips on how to protect yourself:

- Do not assume the name and number on your caller ID are legitimate. Caller IDs are easily spoofed.
- Never share your personal information, including date of birth, Social Security number or banking information.
- Never wire money to someone you don't know.
- Do not click links or call numbers in unexpected emails or texts especially those asking for your account information.



PO Box 70 · Binger, Okla. 73009 PO Box 100 · Cordell, Okla. 73632

> tele: (405) 656-2322 (580) 832-3361

www.ckenergy.coop

OFFICE HOURS: Monday-Friday, 8:00 am - 5:00 pm.

POWER OUTAGE **HOT LINES** 800-868-8243 888-832-3362

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PAYMENT OPTIONS

- · Pay online at www.ckenergy.coop.
- · Pay by phone by calling **405-656-2322,** available 24 hours a day. Visa, Mastercard, Discover, or American Express.
- Pay in person at any of our offices: Binger, Cordell, Mustang, and Anadarko.
- · Pay via automatic draft of your checking or savings account. To sign up, please visit www.ckenergy.coop or call 405-656-2322 or 580-832-3361.
- · Pay through our CKenergy App available for iPhones or Androids.





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FEBRUARY

Winning CKEC Members

Chris Ann Doney Bernard Kilhoffer Jose Zatarain

If your name is listed above, please call us at **405-656-2322** to claim a \$25 credit on your electric bill.









Socialize with us!

Stav up-to-date with your coop and your community by following us on Facebook, Twitter, Instagram, and SnapChat. Get the latest news on co-op events, services, energy saving tips, and more. During a power outage, stay connected with us for updates on the restoration process.

Questions or comments about your newsletter should be directed to Devin Whittington, Communications Specialist, CKenergy, PO Box 70, Binger, OK 73009, email: editor@ckenergy.coop.

College is just around the corner, are you ready?

By Devin Whittington, The Buzz Editor

re you ready for college? Do you even feel like you're ready for college? I can tell you right now that you are, even if you don't believe it. Going off to college can seem intimidating right now, but just know, once you're there it'll all be worth it!

There's a lot that goes into prepping for college. You've got to apply to schools, scholarships, find a roommate, get your books and supplies, etc.

Here are a few tips that are hopefully helpful as you prepare to take on the next chapter of your life.

- When you're picking out what schools to apply for, think about what they have to offer that makes you feel the most comfortable. It could be the town it's located in, the class sizes, 2 year college vs. a 4 year university, how far away from home it is, etc. The more comfort factors you find in a college, the more likely you are to enjoy the time spent there.
- Think about what kind of classes you would like to take. You don't have to pick a major right off the bat, but having an idea of what you would like

to study will help you figure out what you'd like your major to be after your first semester or year.

- · Once you decide on a school, or even before, go visit the campus. Get a feel for the place where you are looking to spend the next 2-4 years of your life. If you familiarize yourself with your surroundings it won't feel as foreign and your anxiety will drop ten fold, promise.
- Apply for as many scholarships as you can. There are more scholarships available than you'd ever believe. Talk to your school counselor about all the options available to you. Here at CKEC we offer scholarships to seniors in our service territory. Check out the sidebar for more information!
- The most important piece of advice that I can give you is to not worry. Applying for college and scholarships is a piece of cake. Yes, you have to actually sit down and work to get them done, but it's worth it in the end.

Hopefully these tips will be as useful to you as they were to me. Good luck in all of your endeavors, Seniors!

2018 SENIOR SCHOLARSHIP CONTEST

CKEC will award 12 Senior Scholarships to applicants who satisfy the eligibility requirements. The CKEC Scholarships are in the amount of \$500.00 and are awarded to individuals pursuing a four-year university or college academic degree program or a two-year associate degree or technical institute certificate program.

TO ENTER:

Student's Parent(s) or Guardian(s) must be a member in good standing of CKenergy Electric Co-op.

Student must complete all required items on the application:

- · Application for CKEC Senior Scholarship.
- Minimum of 2 letters of recommendation.
- · Letter from applicant stating why they desire to continue their education.
- · Current photograph for use in the Cooperative's monthly publication, "The Buzz."

Completed Senior Scholarship applications are due no later than 5:00 p.m. on Friday, March 2, 2018. Applications can be mailed to P.O. Box 100, Cordell, OK 73632 or emailed to lwillard@ckenergy.coop.



Youth Power Energy Camp Energizes Teens

A four-day action-packed adventure for eighth-graders, Energy Camp helps develop leadership skills and promotes teamwork while teaching about cooperative enterprises, the rural electrification program and electrical safety.

Each year, CKEC sponsors four students to the camp, which will be held May 29-June 1, 2018 at Canyon Camp, near Hinton, Oklahoma.

While Energy Camp offers many traditional summer camp activities like swimming, hiking, basketball, and a ropes course, teens also have the unique opportunity to climb a utility pole, ride in the basket of a bucket truck, tour one of the largest electricity generating facilities in the state and watch a co-op crew at work. They'll take home a new-found confidence and a host of new friends—like minded peers from all over Oklahoma.

Students currently enrolled in the eighth grade within CKEC's service territory are eligible to compete for a spot at Energy Camp. For more information, visit www.ckenergy.coop.

Plunging temps cause higher bills

Heating systems battle to maintain comfort during cold spells

veryone likes the idea of paying less for utility bills, but resolving to use less energy requires a commitment.

With winter in full swing, now is the perfect time to make energy efficiency a priority in your home.

For some CKenergy members, winter heating costs can be higher than summer cooling costs. That's because the laws of nature dictate how heat behaves on Earth. Remember, heat moves to cool.

On a cold winter day, the heat generated by a heating source is moving through building materials, cracks around doors and windows, unsealed holes created by electrical and plumbing installations, and poorly installed and inadequate insulation.

Futhermore, winter usually doles out a larger temperature difference between the indoor thermostat setting and the outdoor temperature. The greater that temperature difference, the more energy is required to maintain the desired temperature inside your home.

So how do you know if your home is energy efficient? Here's a simple way to find out, based on your average monthly utility usage. Simply multiply the square footage of your home by 10 cents. For instance, a 1,500-square-foot home multiplied by 10 cents (.10) equals \$150.00. A 2,000-square-foot home multiplied by 10 (.10) cents equals \$200. And so on.

Next, calculate your total electric bills for a one-year period. If you heat with natural gas or propane, be sure to add those bills into the total.

Next divide the total by 12 months to establish your monthly average. If your monthly average exceeds the squarefootage multiplied by 10 (.10) cents calculation, you could probably benefit from some energy efficient improvements.

You can find easy-to-follow energy saving suggestions and podcasts at www.smartenergytips.org, or take the energy-saving home tour at www·togetherwesave·com·

Remember to Update **Your Info**



t various times and for various reasons, CKEC may need to contact our members. The information that you provide is our source of contact. If that information is incorrect—for example your phone number has changed or you no longer use your post office box, etc.- we have no way of knowing unless you make us aware of the change. If you call in your information, please be prepared to confirm your identity. Also, a correct phone number could be the means of avoiding disconnection of service.

A correct address will help to ensure that you receive your bill. A forwarding address if you move off CKEC lines will help to ensure that you receive your final bill, your deposit and/or membership refund check, if applicable, as well as your capital credit checks when the time comes.

Did not receive your bill?

Remember that failure to receive your bill in no way relieves you, the member, from paying it. If you do not receive your bill, contact the office billing department before the due date so that another bill can be issued at (405) 656-2322.

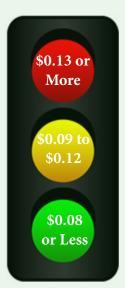
How to Estimate Your Home's Energy Efficiency

To estimate your home's energy efficiency, take you average electric bill and divide it by the square footage of your home. For example, an 1,800 square-foot home with a \$260 electric bill will cost \$0.14 per square foot. *

> \$260 1,800 sq. ft = \$0.14/sq. ft.

This home would benefit from some energy saving improvements. Calculate your home's cost per square-foot and see how it ranks on the scale to the right.

*Calculations are based on an all-electric home without a pool or hot tub.



Needs **Improvement**

Could Be Improved

Energy Efficient

Energy Efficiency **Tip of the Month**

Consider insulating your hot water pipes. Doing so can reduce heat loss, allow you to lower the temperature setting and save an additional 3 to 4 percent per year on water heating.

CKenergy Electric Foundation Update



Approved grants:

Carnegie Public Schools......\$4,000 Corn VFD.....\$5,000 Friends of Mustang Pub. Lib...\$3,000 Individual Grants.....\$2,500 Total Grants.....\$14,500

CKEC Foundation, Inc. Board of Directors

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Small Change, Big Difference!

n Tuesday, January 9th, 2018, the CKenergy Electric Foundation Board approved a total of \$14,500 for grants this quarter. Those funds will be used to improve the livelihood of individuals, fund school programs, they will help local law enforcement better protect citizens, and so much more!

Giving to those in need is a great way to tap into the Oklahoma spirit and thousands of Oklahoma's electric co-op members do just that by donating funds year-round through Operation Round Up.

As a member of CKenergy Electric Cooperative, you have the opportunity to participate in the Operation Round Up program. The program works by allowing co-op members to round up their monthly electric bills to the nearest dollar amount. The spare change is transferred to CKenergy's Operation Round Up fund and dispersed to local charitable causes.

For example, let's say you have a monthly electric bill of \$84.62. The bill is rounded up to a flat \$85, with the additional 38 cents going into the Operation Round Up Fund. On average, a co-op member donates roughly \$6 each year. Seems like a small amount, right? It is, but when multiplied by thousands of other CKenergy members, Operation Round Up raises thousands of dollars for local causes.

Operation Round Up funds are used to address important local needs. Local charities, youth groups, schools, fire departments, senior citizen's centers and food banks are just a few of the beneficiaries of Round Up funds. Funds are also used to help needy individuals and families pay for medical equipment and other needs.

CKenergy Electric Cooperative is passionate about the communities we serve. Together, electric co-ops with Operation Round Up programs in place have raised more than \$100 million since 1989.

Grants are decided by a twelve-member board of cooperative members who volunteer their time to oversee the program. CKenergy Electric co-coordinators are Boyd Lee and Devin Whittington. Requests for assistance are reviewed and evaluated quarterly throughout the year.

We hope you will continue to participate in CKenergy's Operation Round Up. Your small change will change lives, and together we will make a big difference right here in Oklahoma.

Next quarter grant applications must be submitted no later than March 28th, 2018. Any applications received after the due date will be on the agenda for the next quarterly scheduled meeting.

Insulation Installation Safety Tips



hen tackling home insulation installation on your own, safety should be top of mind. Follow these tips from the North American Insulation Manufacturers Association on safe insulation installation practices.

Wear appropriate clothing.

To reduce the chances of skin irritation, wear a head cover, gloves, and loosefitting, long-sleeved, long-legged clothing.

Wear proper personal protective equipment.

Safety glasses and respiratory protection may be necessary, depending on your work environment. The U.S. Occupational Health and Safety Association offers guidelines in its Respiratory Protection Standard that may be helpful.

Take care if fibers get on your skin or eyes.

If insulation fibers collect on your skin, don't rub and scratch or remove with compressed air. Instead, lay tape, adhesiveside down, and then remove it gently, so the fibers are pulled from the skin. If fibers get in your eyes, never rub—flush with water or eyewash solution. Contact your doctor if you have continued irritation.

Keep dust to a minimum.

Leave the materials in packaging for as long as possible. Use tools that create the least amount of dust; power tools should have dust-collection devices. Put scrap materials in the trash and don't let equipment wander too far from the work

Maintain adequate ventilation.

Determine whether your work site needs a dust-collection system. Also, exhausted air containing fibers should be filtered before being recirculated into inside workspaces. Finally, ventilation systems used to capture fibers should be regularly checked.





Inter ice storms and spring tornadoes can cause massive outages. CKEC has upgraded our phone handling capabilities to avoid busy signals.

CKEC has two toll free numbers. 888-832-3362 and 800-868-8243 that have the capacity to handle over 2,000 calls as well as get the outage information into our outage system.

So please remember to report outages to one of CKEC's toll free phone lines. You can also report an outage using the CKenergy app.

O NOT TAMPER

Meter tampering can result in electric shock, is illegal and increases electricity rates for other



- Never break a meter seal.
- Never open a meter base.
- Never remove a meter or alter an entrance cable in any manner.

If you know or suspect that someone has tampered with their meter, please contact us immediately.

Automotive

I buy junk cars & farm equipment. 405-641-3344.

'86 GMC Pickup. LWD, 350/350 trans, 65,000 miles. \$4,400 cash only. 405-818-9011.

'59 Chevy Apache- Fleetside. Long bed, 6 cyl- 3 speed on column. Good paint, tires, & seat. 82,000 miles, \$5,000. Runs good. 580-331-7304.

1940 Ford Conv. Restored- new paint, upholstery, top, tires. All org. drive train. 580-331-7304.

'76 GMC pickup. 350/350 good, solid truck. 65k original miles. \$4,400. Cash only. 405-818-9011.

Farm/ Equipment

Marrow's Tractor Tire Repair, Sales, & Service 405-668-0248

5th wheel for pickup, Husky 16k. Adjustable EZ roller w/ reese fricron sway control bar. Trailer weight 16,000lbs. Like new. 405-202-7317.

WANTED: 20' - 26' open gooseneck livestock trailer in fair conition under \$2,500. Leave message at 405-247-8843.

Troy Built Rear Tine Tiller \$350. Troy Built generator \$450 7,000 watts, like new condition. 405-643-9211.

John Deere 4120 tractor- MWFD, front end loader, 3 pt box blade. Garage kept, excellent condition including tires. 43 hp.

Swap 'N Shop is a classified advertisement service that we provide to our members at no cost.

- · Members are able to submit written ads through the mail, fax, drop off, or by email.
- Ads are **NOT** taken over the phone.
- Ads need to be received by the 10th of each month to appear in the next month's issue.
- Ad space is limited to a 25 word maximum. **ONE** ad per member.
- · Contact the editor at 405-656-2322 for information about availability of ad space.
- CKEC reserves the right to reject any ad deemed inappropriate.
- Ads will automatically run for 2 months, additional run time must be requested before the 10th of the month.

Swap'N Shop

For Sale or Trade

Note: CKEC does not endorse or guarantee any of the products or services in these ads.

Less than 300 hrs use. 405-831-5615.

1946 H Farmall Tractor. Fully restored, one owner. 405-352-4326.

4020 John Deere front loader. Good tires & paint, diesel, PTO no 3 point. \$15,000 firm. 580-331-7304.

New Holland 3930. \$12,300, MFWD 55hp, loader, low hrs. Day- 580-355-3065, Eve.-580-536-1331.

Livestock/Pets

18 mo registered Red Angus bull. \$2,700. 405-284-6984.

Looking for country home: 6yr old female cat. Spayed, shots, well mannered, litter trained, likes outside, kept in at night. 405-397-6723.

Rumley Farms- Registered Angus bulls. 16-18mos of age. Have been worked & semen tested. 405-352-5025.

Polled Hereford Bull. 8 years old. \$2,250. 580-919-5490.

Genetic Superior Bulls, for more Profit! Low birth wts, like angus but more muscle, growth, & better disposition. \$2,200- \$2,800. John Kusel Limousins. 580-759-6038. Rebates & delivery.

Reg. Limousins-Polled, FB + Blk PB. Bred heifers & cows. 405-457-6554 or 405-542-7291.

Registered American Angus Bull. 4yr old, gentle, his calves on site. \$2,300. 405-392-4936.

Business

King Cement Services, Eakly, OK. 405-545-2141 or 580-450-7804.

Keith's Tree Trimming- seasonal firewood for sale. 580-660-1237.

Piano Tuning & Repair. Western OK. 580-254-0817 or 580-799-4485.

\$100 Agreed Divorces- JNK Paralegal Service. 405-376-2206.

Tractor & truck repair, welding & fabrication, muffler & exhaust service. 405-638-1158.

BackWoods Welding & Construction.Farm & Ranch welding- gen. welding- we specialize in pipe fencing, steel buildings, metal roofs. pole barns, state cert. & insured, References available. 405-320-8379.

'17 sprayed & fertilized blue stem, bermuda, & native grass hay. Lg round bales. 580-550-0334, leave a message.

2017 sprayed & fertilized Blue Stem, Bermuda, & Native Grass. Lg round bales. 580-550-0334.

Swap 'N Shop Ads are continued on page 8

You may submit classified ads, businesses, or services to Swap 'N Shop, P.O. Box 70, Binger, OK 73009, ads@ckenergy.coop, or fax to 405-656-2912. One ad per member unless there is additional space available.

		Circle c	ategory:		
Autos	Farm/Equip	Furn/Appl	Hay/Wood	Livestock/Pets	Misc
	Real Es	tate Wante	d-Notices E	Business	
Name:					
Address:					
Phone #					
CKEC Acct	‡				

Miscellaneous

8 drapery panels; pleated at top, gold color lined in white, extra long (84"x120"). Will fit 10' ceiling. Never used. Text 405-640-9068 for pictures and/or questions.

Hauling- large or small. Will haul old cars, appliances, lawn mowers, anything metal. 405-284-6804.

Seasoned split Oak firewood– 20" cut. In Anadarko, \$85.00 per rick. Delivery will be extra. 405-638-1158.

Metal Garage Door. 18ft wide x 8ft tall. All hardware included to install. \$150. 405-313-0714.

Real Estate

Fort Cobb Lake Lots— Crow's Roost area. 3 lots recently cleared & levelled off. 192' wide x 120' deep, 2 water wells., & septic. 405-694-0625.

1 Acre Commercial Zoned. 4 ¾ E of Tuttle on HWY 37. 405-794-4612.

Hunting Lodge- sleeps 6. Rent by week or month with all amenities, all appliances, & new beds. \$500/week or \$1,800/month. Close to Fort Cobb Lake. – Call Wanda. 580-302-3051.

Ft. Cobb Lake (Flying Inn #2) 3 bd, 2 ba, 1456sqft. 30x50 shop. Less than 500ft from water (boat dock), open floor plan, formal din, kit/din,lg covered ft & bk porches. Excellent condition. \$134k 580-772-4663.

60x60 shop w/ living app. 3600 sq. ft. 3000 working, Complete shop with anything you could need. Has heat with 2 lifts. 580-331-7180.

5 acre tract of land. Timber, wildlife. Financing available. Minco school district. Electric & water available. New home site, no trailer homes. 405-352-5190.

528 S. Spencer, Hinton. Completely remodeled. Must see. 3 bd, 2 ba, utility room. Detached garage. 1,450 sq. ft. MOL. 405-306-1538.

2,128 sq. ft. home. 3 bd, 2 1/2 ba. Lg. living room. 5 walk-in closets. Metal roof, all electric. Well kept–40x50 steel bdlg. on 5 acres. Gracemont. Serious lookers only. 580-515-4126.

3 bd, 2 ba brick home. XL lot west edge of Cordell. New Four Seasons sunroom/patio. basement, storage shed, fence, updated throughout. \$199,900. 940-395-1370.

Gracemont: Quiet, small, rural acreage w/ 3b, 11/2 ba brick home. Attached garage, storm shelter, shop building, 2 car carport, old barn, water well, close to town, paved road. Reduced to \$79,900. 405-402-0895.

Auto- transmission shop. All equipment w/ it. 60x60x14 building. 6 lots on corner. Built in 05. 580-331-7180.

1 acre commercial zoned. Between Tuttle & Tricity on highway 37. 4 3/4 mi east of Tuttle. 405-794-4612.

3 bd, 1 ba. Carport, storage building, fenced in yard, new kitchen, remodeled bathroom with wood, tile, & carpet floors and new windows. \$83,000, just have to see. 405-952-4171.

Two lots. Well, electricity, 2 metal buildings, 21 ft. Tahoe travel trailer. Used very little but needs repairs. Make offer. Swan Lake area. 405-681-6991.

Cedar Lake Cabin (lot 821). Dock space, 2 bed, 1 bath. 1048 sq. ft. \$65,500. 405-295-2401.

Two acres south of Carnegie. 3 bed, 2 bath trailer. Living room, den, 2 car garage, shop, storage shed, garden shop. 2 cellars. \$75,000. 580-654-2202.

2 adjoining cemetery plots by pond with fountain. Resthaven OKC. \$7,000 OBO. 405-517-2624.

36 acres—surface land, scenic Wichita Mts. 4 miles West of Meers, OK. Bids begin at \$4,200 per acre. Amenities available. Email: Wayne Orrell@gmail.com

120 acres available for oil lease in Washita County- section 6-8-14. 405-794-4612.

Crow's Roost Edition: 2 MH's each on 60x120

adjoining lots for \$60,000 – OR — 12x60 MH, 3bd, 2ba, new H2O tank, new pressure well, covered porch, 14x30 pole barn \$35,000. text or call 405-664-2662.

302 acres— hunting lease. Deer, turkey, quail, 2 deer feeders, 220 electric pole for trailer. Please send text to 580-215-9207.

Ft. Cobb Lake– 2 story, 5bd, 2lr, 2ba, garage, fireplace, vaulted ceilings, open concept, newly remodeled, furnished, backs up to lake. 405-222-0636.

Rainbow Lake between Minco & Binger. Best kept secret. Secluded in back part of lake. HAve your own shooting range & hunting. 40ft trailer, new deck remodled. \$12,000 or trade. 405-543-6012.

Beautiful home in Eakly. 3 bd, 1 ba, 2 living rooms. New carpet & tile throughout plus a new stove. Move in ready. Large back yard & a 2 car carport. \$43,900. 405-627-4176.

Grandad's Hideout (Trailer Park) in Butler. 16 working hook-ups with 30 to 50 amp electric. 580-214-1731 or 580-664-3921.

Wanted

Looking for a 1950 Oklahoma License Plate. 405-376-4243.

Chicken Parmesean Sliders

Ingredients:

- 1 Slider buns
- 1 lb Breaded Chicken Tenders * *These should be cooked already** (weight is approx.)
- 2 c Pasta sauce
- 2 c Mozzarella cheese , shredded
- 1/2 c Parmesan cheese, shredded
- 3 tbsp Butter, melted
- 1 tsp Garlic powder (more to taste)
- 1 tsp Italian seasoning

Directions:

Preheat oven to 350°F. Place the bottom half of the slider buns in a greased casserole dish.Place cooked chicken tenders on the bottom buns and then cover them in sauce. Combine the mozzarella and Parmesan cheese and sprinkle it over the sauce. Place the top buns on the sliders. Melt the butter and mix the garlic powder until it is thoroughly combined. Pour the melted butter over the buns and then sprinkle with Italian seasoning. Cover the dish with foil and bake for 10 minutes, then remove the foil and continue baking for another 10 minutes.

