



THE BUZZ

for members of CKenergy Electric Cooperative

Holiday Hours: CKEC offices will close Monday, September 7 to observe Labor Day.

Operation Round Up: Next meeting is scheduled for August 11, 2020.

August 2020

A SUPPLEMENT TO OKLAHOMA LIVING



Stay Safe at Home

Protect loved ones from electrical mishaps

As each year goes by, Americans continue to use more energy in their homes. At the same time, the electrical systems in many existing homes have become outdated, and are unable to handle the demands of today's electrical appliances and devices.

Over the last thirty years, our homes have been dramatically transformed by modern electrical devices; however, these same devices have also contributed to the shocking number of electrical fires this country suffers every year. Many existing homes are simply overwhelmed by today's electrical demands, putting them at risk of arc faults and arc-induced fires.

* Arc Fault Circuit Interrupters (AFCIs)

An arc fault is a dangerous electrical problem caused by damaged, overheated, or stressed electrical wiring or devices. Arc faults can occur when older wires

become frayed or cracked, when a nail or screw damages a wire behind a wall, or when outlets or circuits are overburdened.

In the United States, arcing faults cause more than 30,000 home fires each year, resulting in hundreds of deaths and injuries and more than \$750 million in damage. The solution to this problem is a combination arc fault circuit interrupter, or AFCI. The CPSC estimates that AFCIs could prevent more than 50 percent of the electrical fires that occur every year.

* Ground Fault Circuit Interrupters (GFCIs)

A GFCI is an electrical safety device that trips electrical circuits when they detect ground faults or leakage currents. A person who becomes part of a path for leakage current will be severely shocked or electrocuted. These outlets prevent deadly shock by quickly shutting off power to the circuit if the electricity

flowing into the circuit differs by even a slight amount from that returning.

A GFCI should be used in any indoor or outdoor area where water may come into contact with electrical products. The National Electrical Code currently requires that GFCIs be used in kitchens, bathrooms, garages, and outdoors.

* Tamper Resistant Receptacles (TRRs)

TRRs look just like ordinary outlets, but are designed with spring-loaded receptacle cover plates that close off the receptacle openings, or slots.

When equal pressure is simultaneously applied to both sides, the receptacle cover plates open to allow the standard plug to make contact with the receptacle contact points. Without this simultaneous pressure, the cover plates remain closed, preventing insertion of foreign objects and protecting your children from painful, traumatic electrical injuries.

Each year, approximately 2,400 children suffer severe shock and burns when they stick items into the slots of electrical receptacles. It is estimated that there are six to 12 fatalities a year related to this.

But now, new technology called tamper resistant receptacles, or TRRs, provide a simple, affordable, reliable, and permanent solution to help prevent these kinds of injuries.

In a newly constructed home, TRRs would add as little as \$50 to the total cost of the home. In existing homes, standard electrical receptacles can be replaced with TRRs for as little as \$2 per outlet – a small price to pay to ensure that your children are protected against electrical shocks and burns from electrical outlets.



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tele: **(405) 656-2322**
(580) 832-3361

www.ckenergy.coop

OFFICE HOURS:
Monday-Friday,
8:00 am - 5:00 pm.

POWER OUTAGE
HOT LINES
800-868-8243

888-832-3362

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- Pay online at www.ckenergy.coop
- Pay by phone by calling **405-656-2322**, available 24 hours a day. Visa, Mastercard, Discover, or American Express.
- Pay in person at any of our offices: Binger, Cordell, Mustang, and Anadarko.
- Pay via automatic draft of your checking or savings account. To sign up, please visit www.ckenergy.coop or call **405-656-2322** or **580-832-3361**.
- **Pay through our CKenergy App available for iPhones or Androids.**



inside this issue | August 2020

- 3** US Payments Kiosk
- 4** Operation Round Up
- 5** Hot Weather Warning
- 6** Electricity Value
- 7** Swap'N Shop



AUGUST

Winning CKEC Members

Jim Boyd
Douglas Seagraves
Wade Wright

If your name is listed above, please call us at **405-656-2322** to claim a \$25 credit on your electric bill.



Socialize with us!

Stay up-to-date with your co-op and your community by following us on Facebook, Twitter, Instagram, and SnapChat. Get the latest news on co-op events, services, energy saving tips, and more. During a power outage, stay connected with us for updates on the restoration process.

Questions or comments about your newsletter should be directed to Lisa Willard, Director of Communications, CKenergy, PO Box 100, Cordell, OK 73632, email: editor@ckenergy.coop.

New Round-The-Clock Payment Option

Kiosks allow members to pay by cash, check, debit, or credit

CKenergy announces new, round-the-clock payment centers at each of the locations listed below. The electronic kiosks will accept payments using cash, check, debit, or credit.

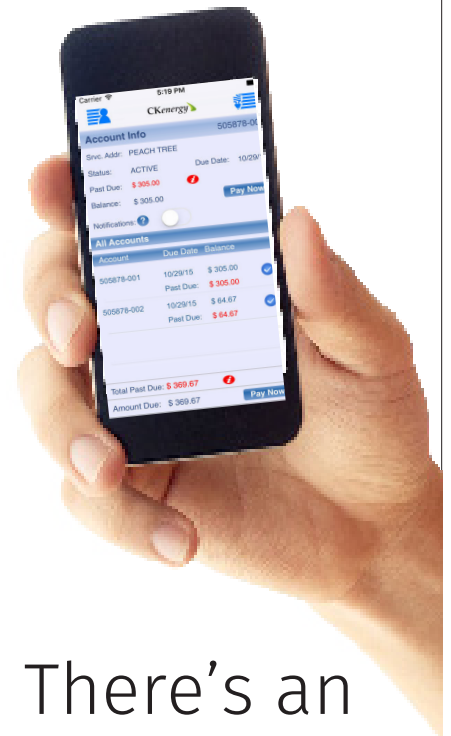
Members have different schedules and preferences in how they pay their electric bills. The cooperative is responding so that members can now pay their electric bills at different sites during and outside of regular business hours, and have those payments posted immediately to their electric accounts.

The kiosks expand the current options that include automatic bank draft, CKenergy app, mail in, online, drop box, and telephone payments.

We are pleased to introduce the new payment centers and believe the members will find them beneficial.



View, Pay,
Create,
Update,
Alert,
Report,
Send &
Receive?



There's an
app for that.

Look for the CKenergy EC app on Google Play or the App Store.



US Payments Kiosk Locations

- Crainco-108 N. Broadway Binger
- Homeland-1200 Gary Blvd. Clinton
- United-1029 S. 10th St. Clinton
- Cyril City Hall-116 W. Main St.
- City of Elgin-8183 State Hwy. 17
- Fast Break-2000 S. Sheppard Ave. El Reno
- United-210 W. Elm St. El Reno
- United-315 S. Broadway Hobart
- Country Mart-4510 SE Lee Blvd. Lawton
- CountryMart-902 W. Gore Blvd. Lawton
- Cash Saver-115 E. State Hwy. 152 Mustang
- 7 Eleven-1708 W. State Hwy. 152 Mustang
- 7 Eleven-600 W. Vandament Yukon
- 7 Eleven-1020 N. Mustang Rd. Yukon
- 7 Eleven-2800 Chautauqua Ave. Yukon
- Homeland-2400 Cornwell Dr. Yukon
- Homeland-11241 W. Reno Yukon
- Buy4Less-1201 S. Cornwell Dr. Yukon
- Hop and Sack-5025 E. Highway 37 Tuttle
- United-920 E. Main St. Weatherford

Your Spare Change Can Make a **Big Difference** through Operation RoundUp

Even during tough economic times, it's important that we continue to support our local communities. That's the philosophy behind Operation RoundUp, a charitable program governed, funded and supported by CKenergy Electric Cooperative members like you.

Here's how the program works: As a member of Operation RoundUp, the Cooperative will "round up" the amount due on your electric bill to the nearest dollar. These donations are placed in an account from which an independent panel of CKenergy Electric members makes grants to support various community projects across the Cooperative's service territory. This program has assisted a wide variety of organizations, including local food pantries, senior centers, fire departments and schools. We are happy to continue this program as CKenergy.

For more information call Boyd Lee at 405-656-2322.



AT A GLANCE

Operation RoundUp

- Round up your monthly electric bill to the nearest whole dollar.
- Contributions will range from \$0.01 to \$0.99 per month.
- Your contributions, pooled with those made by fellow Cooperative members, will help fund charitable projects in the community.
- You can cancel or resume participation at any time.



**OPERATION
ROUND UP**
THE POWER OF CHANGE

Small change
Big Difference



Hot Weather Warning for Senior Citizens

Stay cool and stay hydrated to avoid heat-related illness

The older we get, the more careful we need to be on the hottest days of summer.

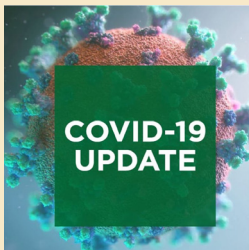
Even when kids and younger adults seem unfazed by a sweltering August afternoon, the heat can knock older folks right off their feet. Common health problems among seniors, including poor circulation, inefficient sweat glands, heart, lung or kidney diseases, and high blood

pressure, can affect how an older person's body deals with heat.

In addition, people on multiple medicines, or who take diuretics or sedatives, may not be able to sweat. And some seniors don't feel hot on days when everyone else is sweating, so they may wear too many clothes without realizing the danger.

Seniors can follow a few summertime strategies for keeping cool:

- If you don't have air conditioning, ask a family member or friend to drop you off for the day at a shopping mall, a library or a nearby senior center, where it's air conditioned. Many senior citizens' centers provide transportation.
- Ask your doctor if any of your medications interfere with your ability to cool your body down when it's hot.
- Dress in light, cotton clothes when the temperature climbs.
- Drink plenty of cool water during the day, even if you don't feel thirsty. Avoid alcohol and caffeine; they can dehydrate the body.
- Listen to the weather reports. Stay indoors or go someplace cool when the forecast calls for heat, humidity or high air pollution.
- Ask a relative or a neighbor to check in with you every day during the summer, just in case you need some help if the weather gets the better of you.



The Covid-19 pandemic is a serious and evolving situation. At CKEC, we are doing our best to respond, and stay informed, as well as following the advice of the CDC. We appreciate your patience and understanding as we work to keep our members and employees safe. Please check our website for updated information on lobby openings and safety requirements.

If you see our linemen or any employee in the field, please continue to allow six feet for safety. We are asking employees and our members to practice social distancing. Our linemen will have minimal interaction with the members while on site. We are focused on maintaining a healthy workforce, and keeping personnel—such as line workers and member service representatives—available so that we can continue to provide the excellent service you expect from us. Thank you for your patience as we work through this together.



Electricity Brings Everyday Value

Like most people, you probably don't think much about the electricity you use. We expect the lights to turn on when we flip the switch and the coffemaker to work each morning. Because electricity is so abundant, we don't think much about it. Since many of us have been spending more time at home over the past few months, we have likely been using more energy. And yet, we still expect an endless supply of power with uninterrupted service 24/7. The only time we really think about electricity is when the power goes out or perhaps when the monthly bill arrives.

Given how electricity powers our modern lifestyle every day, it's a great value, especially when compared to other common services and expenses. For example, think back to the cost of a gallon of gasoline 20 years ago. Consider the cost of groceries or a cup of your favorite specialty coffee from a few years back. In comparison, the cost of electricity has remained largely flat, unlike most other consumer goods.

We have a cell phone to stay connected, and we subscribe to cable channels so we

can enjoy more viewing options. Many of us consider these necessities for modern day life. We can see what we're getting for our money, and we pay the price for those services. In contrast, when we use electricity, we don't necessarily "see" all that we're getting for our money.

But considering what electricity does for us, it's a tremendous value for our quality of life as well as our budgets. For comparison, consider that the average rent increase was nearly 4% (from 2014-2019) according to the Bureau of Labor Statistics Consumer Price Index (CPI). The cost of medical care was increased 3% during this time, and education was

not too far behind at 2.6%. So, where did electricity rank? According to the CPI, electricity increased by less than half a percentage point, 0.4%.

The bottom line: electricity brings everyday value. At CKEnergy, we are striving to increase our service reliability, reduce those brief interruptions and reduce costs. We are continually working to improve our operations to ensure a smarter grid and exploring more renewable energy options where possible.

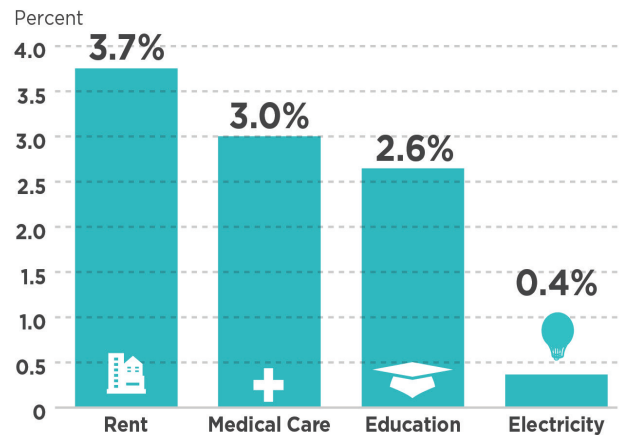
CKEnergy Electric Cooperative provides the reliable service you expect and deserve as valued members of the co-op. And as your trusted energy advisor, we want to help you save you energy and money.

We recognize that the past few months have been challenging for many of our members and we're here to help. If you have questions about your account or are looking for ways to save energy at home, please give us a call. CKEC is your electric co-op and our sole purpose is to serve you. That's everyday value.

ELECTRICITY REMAINS A GOOD VALUE

The cost of powering your home rises slowly when compared to other common expenses. Looking at price increases over the last five years, it's easy to see electricity remains a good value!

Average Annual Price Increase 2014-2019



Sources: U.S. Bureau of Labor Statistics
Consumer Price Index

Automotive

1952 Chevy pickup. Needs restored. Two complete engines and drive trains. Good title. \$3,700 cash. 405-818-9011.

1965 Chevy two door post 350. Four speed transmission. New paint, wheels, and tires. \$28,000 cash. 405-818-9011.

2009 Ford Explorer Eddie Bauer. 89,900 miles. Moonroof, leather seats, rear air. \$8,500. 405-659-9737.

55 Chevy. Complete. Not running. 4-door. \$5400 cash. 405-818-9011

Farm/ Equipment

16 ft. flatbed bumper pull trailer. Nice condition. 405-227-3817.

Need cans, a case or a 20 lb. tank of R-12 freon. 580-450-4708.

24' Allis field cultivator, good cond. \$1000. 495 NS swather, 12' pull type, good cond. \$1500. 8350 JD wheat drill, hyd. lift, 8-16 \$1100. 580-574-0254.

Livestock/Pets

Gentle, genetic superior bulls. Easy calving, more growth and muscle. Make

Swap 'N Shop

For Sale or Trade

Note: CKEC does not endorse or guarantee any of the products or services in these ads.

money with Kusel Limousin bulls. Call John, 580-759-6038.

Red angus bulls, service age, gentle, several A.I. sired. Call or text 580-450-1735.

Four year old red angus bull. Leave message. 580-919-5490.

Business

Welding & fabrication, call Tony at 405-834-1128.

6:11 Welding & construction. Pipe fencing, metal buildings, farm equipment, & all your welding needs. No job too big or small. Bill Smith, 405-320-8379.

Harrison Auction & Realtor, David Harrison. Equipment- Real Estate- Minerals. 405-779-5792.

Mooters water well services, water well drilling, pump installs, agriculture, residential and irrigation. 405-668-0213 or 405-668-2336.

Mooters trucking, hay and cattle hauling. 405-668-0213.

Dirt work, land clearing, stumps, ponds. Fletchers backhoe. 405-519-2718.

Parking lot maintenance, crack asphalt sealing overlay, potholes, striping and signage. Discounts for churches. 405-245-6759.

Miscellaneous

Chest of drawers 58x37x19. Dresser 69x30½x19 with mirror. Solid Oak \$300 each piece. Call 580-309-4621.

2016 Pontoon boat. Bass 18 buggy, DXL, cover trailer depth finder. Spare mercury 60 horsepower 4 stroke. Less tan 50 hours. 405-570-4324.

2013 Rockwood Windjammer bumper pull RV. Original owner, clean and stored in barn. \$15,000. 580-716-5010

1959 Skyhawk air plane. Low time frame and new engine. \$29,000. 405-631-1505.

6x5 wheat hay bales. Baled without being rained on in the wind row. \$50/bale. 405-797-3203 or 405-545-2121.

Swap 'N Shop Ads are continued on page 8

You may submit classified ads, businesses, or services to Swap 'N Shop, P.O. Box 100, Cordell, OK 73632, ads@ckenergy.coop, or fax to 580-832-5174. One ad per member unless there is additional space available.

Circle category:

Autos Farm/Equip Furn/Appl Hay/Wood Livestock/Pets Misc
Real Estate Wanted-Notices Business

Name: _____

Address: _____

Phone # _____

CKEC Acct # _____

Swap 'N Shop is a classified advertisement service that we provide to our members at no cost.

- Members are able to submit written ads through the mail, fax, drop off, or by email.
- Ads are **NOT** taken over the phone.
- Ads need to be received by the 5th of each month to appear in the next month's issue.
- Ad space is limited to a 25 word maximum. **ONE** ad per member.
- Contact the editor at 580-832-3361 for information about availability of ad space.
- CKEC reserves the right to reject any ad deemed inappropriate.
- Ads will automatically run for 2 months, additional run time must be requested **before** the 5th of the month.

JNK Paralegal Service. \$100 agreed divorces. 405-376-2206.

New unopened albums. Boston, pop, country, and rock. \$7.50 580-450-2014.

Real Estate

3bd, living room, dining room, kitchen, den, laundry room, & one bathroom, with garage. Almost 2 acres. Fort Cobb, OK. 405-933-3454.

Nice rural home 3bd/2ba, C/H&A, 2 car garage, storage shed. SE of Colony, OK. \$139,000. 405-777-3156.

Apartment/duplex (2 cabins) located on 1.625 acres, both 2bd/1 ba, that could be converted to 4bd/2ba near Ft. Cobb Lake. Close to Sunset Cove Marina. Stained concrete floors. Fully furnished. New metal roof. Built in 2008 on the North Lake Estates. All electric w/ water well. \$122,900. 580-772-0606.

Country living, close to town-3600sq' metal barn home, log cabin style w/ approx. 2100sq' wrap around porch on 3 sides. 3bd/2ba, office 23' ceilings in living room. Sits on 40 acres. Comes with 30x60 metal barn w/ lean to, insulated with living quarters, in ground cellar. 20 KW generator. Located 1/2 mile S of Burns Flat golf course. 580-799-7369.

5 acre tract of land, timber, wildlife, Minco, OK school district. Newer double wide trailers welcome. Financing available. 405-352-5190.

For Rent: 2bd/2ba north side of lake. \$500/month, \$00 deposit. No pets. 580-302-3051.

Country Living: 3bd south of Binger. 580-302-3051. No pets. \$600/month, \$500 deposit.

FOR RENT: Foss Lake, house weekends or weekly. 5bd/2 1/2ba for party barn, great for reunions, both cool, fully equipped. 580-214-0178. www.bigretreat.com.

43 acres mol, Minco. Gorgeous 4,025 sq. ft. home, Geothermal HVAC, inground pool, shelter, 50x50 barn, gated entrance. Call Diane Denison, 405-919-7457.

For Rent: Vacation Cabins at Foss Lake. Quiet neighborhood, no smoking, no pets. 580-515-6452.

Vacation Rental Cabin. Fort Cobb Lake, right on the edge of the water. Room to

park boat and trailer. Rent by week or day. Call or text 580-243-8697.

House for Sale: 904 N Broadway Avenue, Hydro, Oklahoma. 1650 sq. ft. 3bd/2ba, all electric. Wood burning fireplace, 10 ft. ceiling in living room, large walk-in closets, bay windows in dining room look out onto a beautiful shaded, fenced in back yard. Cellar on patio, large storage building. Corner lot with mature trees and a garden spot. Asking \$180,000. 580-816-0293.

Want to run your own business? Roger Mills County's only newspaper is for sale! Thriving business with proven success. Be your own boss.

Call RE/MAX Gold Buckle Realty, 580-330-9090.

For Rent: 2 lg bd, lg kitchen, living room, den, 1/2ba, washroom, alarm & internet, carport. No Pets. \$600/mo. 580-302-3051.

For Rent: small 2bd/1ba, \$400/mo, \$300 dep. South Side Ft. Cobb Lake. 580-302-3051

LAND SALE- 111 acres NE OKC, 5 min to I-44, 25 min downtown OKC or Edmond on paved rd. 405-376-4460.

Events

Clinton Country Jamboree: Showtime 7:00 p.m. Country & Western 1st and 3rd Saturday every month. All Gospel 5th Saturday. Admission \$9.00. Concession available. Family Entertainment. I-40 ext 71, Clinton, OK. 580-331-8377.

Fruit Salad

Dressing Ingredients:

1/4 cup honey
1/4 cup freshly squeezed orange juice
Zest of 1 lemon

Salad Ingredients:

1 lb strawberries hulled and quartered
6 oz. blueberries
6 oz. raspberries
3 kiwis peeled and sliced
1 orange peeled and wedges cut in half
2 apples peeled and chopped
1 mango peeled and chopped
2 cups grapes

Directions:

In a small bowl whisk together honey, orange juice, and lemon zest. Add fruit to a large bowl and pour over dressing, tossing gently to combine. Chill until ready to serve.

